



Unit 2: Healthy Habits

Should and shouldn't

<p><u>Steven</u></p>  <p>Steven _____ smoke.</p>	<p><u>Sophia</u></p>  <p>Sophia _____ do exercise.</p>	<p><u>Julia</u></p>  <p>Julia _____ eat food with a lot of sugar.</p>
<p><u>Phillip</u></p>  <p>Phillip _____ wash his hands.</p>	<p><u>George</u></p>  <p>George _____ protect his body.</p>	<p><u>Lilibeth</u></p>  <p>Lilibeth _____ sleep at least 8 hours.</p>
<p><u>Edward</u></p>  <p>Edward _____ brush his teeth.</p>	<p><u>Justin</u></p>  <p>Justin _____ sleep late.</p>	<p><u>Hailey</u></p>  <p>Hailey _____ go to the dentist twice a year.</p>
<p><u>Kylie</u></p>  <p>Kylie _____ drink water.</p>	<p><u>Kim</u></p>  <p>Kim _____ wash the vegetables and fruits.</p>	<p><u>Rob</u></p>  <p>Rob _____ eat fast food.</p>



Food pyramid

GRAIN GROUP		
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

VEGETABLE GROUP		
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

FRUIT GROUP		
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

MILK GROUP		
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

PROTEIN GROUP		
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>



FIND THE WORDS IN THE WORD SEARCH AND THEN WRITE IT DOWN

F	E	R	T	Y	N	I	J	K	O
R	Y	M	E	L	O	N	S	I	A
U	I	H	S	M	I	L	K	W	P
I	U	J	B	T	N	D	E	I	P
T	O	M	A	T	O	W	C	C	L
G	W	E	N	R	G	W	A	R	E
H	M	E	A	T	M	A	K	I	H
J	C	L	N	A	E	G	G	C	S
K	H	K	A	B	U	T	T	E	R
Y	O	G	U	R	T	D	C	S	S

**YOU CAN DO IT
EVERYTHING IS POSSIBLE!!!**