

Name: _____ Date: _____

Part A

Read and circle.

1.



- a. stay up late
- b. get exercise
- c. take a shower

2.



- a. eat fast food
- b. drink soft drinks
- c. wake up early

3.



- a. take a rest
- b. get fresh air
- c. play video games

Part B

Look and write. Use the words in the box.

brush my teeth	get a checkup
eat candy	take a rest

4.



5.



6.



Name: _____ Date: _____

Part C**Read and circle.**

7. How _____ do you stay up late?

a. always

b. sometimes

c. often

8. I _____ my face.

a. never

b. sometimes wash

c. wash always

9. You should _____ fruit and vegetables.

a. eating

b. eat

c. ate

10. He often _____ exercise.

a. get

b. getting

c. gets

Part D**Order the words.**

11. soft drinks? / often / do you / How / drink

12. sometimes / a shower. / I / take

13. shouldn't / eat candy. / You

Part E**Read and write. Use the words in the box.**

keep

live

vitamins

healthy

You should always eat

(14.) _____ foods like fruit and vegetables. Fruit and vegetables have (15.) _____. They (16.) _____ your body healthy.