

Onscreen B2+ - Module 4 – Moods and feelings

vocabulary work

1. Zastąp podkreślone wyrazy podanymi słowami :

embraced mild disheartened evolved assistance beneficial

- 1 The human body has developed ways to deal with difficult situations.
- 2 Lisa felt depressed after the stressful day she had at work.
- 3 Regular exercise is helpful to your mental health.
- 4 The wounded pedestrian asked for medical help.
- 5 Most of the employees gladly accepted the company's new rules on lunch breaks.
- 6 Don't worry if you occasionally experience moderate stress.

2. Zastąp zaznaczone słowa podanymi synonimami:

devastated self-centred satisfied content depressed petrified relaxed

- 1 Jeff felt really **pleased** when he finished tidying his room.
- 2 We were all **upset** when we heard the terrible news.
- 3 She's been so **sad** that she does nothing but cry all day.
- 4 I'm really **happy** with my life right now.
- 5 Chris is **selfish** and never considers how others might feel.
- 6 She was **frightened** of being alone.
- 7 She looked **calm** after her decision to move abroad.