Listening Exercise 1: **Name:** _____ **Date:**_____

https://www.eslfast.com/easydialogs/ec/health04.htm

1. The woman went to see the doctor because she had:
   A. Headaches
   B. A Sore throat
   C. Stomach aches
   D. A toothache

2. What did the doctor tell her to do? _____

3.. The doctor gave her medications to take for her stress True False

4. What nice things does the woman think about to relieve her stress?

   A. Eating nice food
   B. Going to the park
   C. A day at the beach

Listening Exercise 2:

https://www.esl-lab.com/intermediate/sleeping-problem/

1. **The man was sleeping until _____**

   A. 12:00 p.m.
   B. 1:00 p.m.
   C. 2:00 p.m.

2. Where does the man need to go today?

   A. He has a job interview.
   A. He needs to go to class.
   B. He is going to work.

3. The man's sister feels that he should get up no later than _____.

A. 6:45 a.m.

B. 6:30 a.m.

C. 6:15 a.m.

3. The woman tells her brother to go to bed at ____ every night.

   A. 10:00 p.m.
   B. 9:00 p.m.
   C. 9:30pm.

4. The woman has seen her brother fall asleep while he was ___.

   A. eating dinner
   B. watching TV
   C. driving

LIVEWORKSHEETS

Listening Exercise 3

Note Taking Exercise. https://www.youtube.com/watch?v=eGVWRvNe1-A

Instructions: Listen to the Youtube Video "7 Ways to Reduce Stress" and take detailed notes.

Write the steps in order of how they were stated in the video.

LIVEWORKSHEETS