

D. SPEAKING

Exercise 1:

25% of your score in the IELTS Speaking test is for *lexical resource*. *Lexical resource* means using a good range of vocabulary.

You can improve your *lexical resource* by building your vocabulary on IELTS topics. Use the words in the box to complete the student's notes. Then watch the video and check your answers.

<i>Describe what you like to have for breakfast in the morning.</i> <i>You should say:</i> <i>what you like to eat and drink for breakfast</i> <i>how you prepare these things</i> <i>whether you think this is a healthy breakfast</i> <i>and explain why you like to eat and drink these things.</i>	<i>(Unit 4_Video 1)</i>
---	--------------------------------

<i>breakfast</i>	<i>eat</i>	<i>eggs</i>	<i>energy</i>	<i>juice</i>	<i>lives</i>	<i>recipe</i>	<i>sausage</i>	<i>vitamin</i>
------------------	------------	-------------	---------------	--------------	--------------	---------------	----------------	----------------

what you like to eat and drink for breakfast

orange or apple _____

scrambled _____

beans and _____

how you prepare these things

I will cook English _____ with my parents.

I will find a _____ to learn how to cook it.

whether you think this is a healthy breakfast

Orange juice gives us _____ C.

It gives me a lot of _____.

explain why you like to eat and drink these things

This kind of breakfast is important in our _____.

I like to _____ this breakfast because I enjoy it.

Exercise 2: In IELTS Speaking Part 2 you will speak about your personal experience of a topic.

Then, in Part 3, the examiner will ask you about your general opinions on the same topic.

Look at a student's answers and decide if each one describes a personal experience (for Part 2) or a general opinion (for Part 3).

1. We should eat healthier food because we need healthy bodies to work and study.

This is personal experience for Part 2./ This is a general opinion for Part 3.

2. In my country, we eat noodles and rice for breakfast.

This is personal experience for Part 2./ This is a general opinion for Part 3.

3. I think that buying fast food is often easier than cooking for yourself.

This is personal experience for Part 2./ This is a general opinion for Part 3.

4. I think governments should give people more advice about healthy food.

This is personal experience for Part 2./ This is a general opinion for Part 3.

5. I think I have a recipe to show me how to cook it.

This is personal experience for Part 2./ This is a general opinion for Part 3.

6. No, I don't think so, because it is now more expensive to import food from foreign countries. This

is personal experience for Part 2./ This is a general opinion for Part 3.

7. I think we're healthier than in the past because nowadays we concentrate on the ingredients in meals.

This is personal experience for Part 2./ This is a general opinion for Part 3.

8. I don't like milk. I just drink it because it's healthy.

This is personal experience for Part 2./ This is a general opinion for Part 3.

9. Yes, I think so, because nowadays we are unhealthy because of fast food.

This is personal experience for Part 2./ This is a general opinion for Part 3.

10. In the morning, I like to have eggs, juice and toast.

This is personal experience for Part 2./ This is a general opinion for Part 3.

Exercise 3: Read the information. Then put the letters in the correct order to complete the food collocations.

One way to build your vocabulary is to learn different *collocations*. *Collocations* are pairs or groups of words that are commonly used together.

Example:

homemade + food = homemade food

(food that is made at home and not bought from a shop.)

1	fresh	f	r	u	i	t													
2	mineral	w	a	t	e	r													
3	English	b	r	e	a	k	f	a	s	t									
4	fast	f	o	o	d														
5	fruit	j	u	i	c	e													
6	green	t	e	a															
7	scrambled	e	g	g	s														
8	strawberry	y	o	g	h	u	r	t											
9	roast	c	h	i	c	k	e	n											
10	Italian	p	i	z	z	a													

--	--	--	--	--	--	--

Exercise 5: Read the IELTS Speaking Part 3 questions and answers. Highlight the words that the student uses to *paraphrase* the examiner's words in bold.

1. Examiner: Do you think it's easy to buy **many types of food** in your country?

Student: Yes, there is definitely a wide variety of things to eat where I am from.

2. Examiner: Some people say it's better to eat mostly **local food** rather than food imported from other countries. Do you agree?

Student: Yes, I think it is important to buy food that was grown near where you live.

3. Examiner: Do you think that **your country's traditional food** might disappear in the future?

Student: No, it simply isn't possible that people would stop eating what we have always eaten where I am from.

4. Examiner: Do you think that the food people eat in your country now is better than **the food that they ate in the past**?

Student: No, I don't. I think what people used to eat was healthier.

5. Examiner: What are the reasons why **unhealthy food** is so popular in many countries these days?

Student: I think there are several reasons why people like eating things that are bad for them.

Exercise 6: In IELTS Speaking Part 3 you can use *and, but, so, and because* to help explain your opinions.

Read the information, then complete the sentences. Use the words in the box.

Use **and** to join two ideas that are similar. (e.g. *I like coffee **and** tea.*)

Use **but** to join one idea that is different from another idea. (e.g. *I like apple juice **but not** orange juice.*)

Use **so** to join one idea that is the result of another idea. (e.g. *I want to be healthier, **so** I'm eating more fruit.*)

Use **because** to join one idea with the reason for another idea. (e.g. *I am going to a restaurant on Saturday **because** it's my friend's birthday.*)

and because because but so

1. Sugar causes a lot of health problems, _____ people should eat fewer things that contain sugar.
2. In my country, it's easy to have a healthy diet _____ we grow a lot of fruit and vegetables.
3. Fast food is unhealthy _____ it's tasty and cheap.
4. One reason I like fruit is that it tastes nice _____ another reason is because it's healthy.
5. People drink a lot of water in the summer _____ it's very hot.

Exercise 7: Watch the video of a student doing IELTS Speaking Part 3. Listen and complete the examiner's questions.

1. **Examiner:** OK, we've been talking about food and drink and I'd like to

(Unit 4_Video 2)

discuss with you one or two more general questions related to this. So let's consider, first of all, local and _____ food. Do you think it's easy to buy many types of food in your country?

2. Examiner: Some people say it's better though to eat mostly _____ food rather than food imported from other countries. Do you agree?

3. Examiner: Do you think it's _____ ? Why?

4. Examiner: Do you think though that your country's _____ food might disappear in the future?

5. Examiner: OK, let's think about food _____ and healthy food. Do you think that the food people eat in your country now is better than the food that they ate in the past?

6. Examiner: What are the reasons why _____ food is so popular in many countries these days?

7. Examiner: Do you think that governments should make laws which encourage people to eat healthy _____ and avoid unhealthy food?

8. Examiner: Do you think people would obey the rules, the government rules, about _____ food?

Exercise 8: There is one mistake in each of the student's answers. Find the mistakes and correct them.

1. Examiner: Do you think it's easy to buy many types of food in your country?

Student: Yes, I think is easy to buy international food in Hong Kong.

2. Examiner: Do you like international food?

Student: I prefer eat local food from my country

3. Examiner: Do you think though that your country's traditional food might disappear in the future?

Student: As far I as can see, it's possible, but unlikely.

4. Examiner: Why is unhealthy food so popular in many countries these days?

Student: Unhealthy food is usually faster food, which is often cheap and easy to buy.

5. Examiner: Do you think that the food people eat in your country now is better than the food that they ate in the past?

Student: Personally, I thinking that it's better nowadays

Exercise 9:

You are going to do IELTS Speaking Part 2. You will need some paper and a pencil.

Describe what you like to have for breakfast in the morning.

You should say:

what you like to eat and drink for breakfast

how you prepare these things

whether you think this is a healthy breakfast

and explain why you like to eat and drink these things.