Use the verbs in the box to complete the health tips. Use affirmative or negative forms of the imperative. You will use one word in the box twice.

drink	eat	give	go	sleep	take	wash

Health tips: The common cold

To stay healthy:

1. Take vitamins.
2. Don't eat a lot of junk food.
3. _____ for 8–9 hours a night.
4. _____ your hands often.
5. _____ a cup of green tea daily.
6. _____ too much soda. Water is better.

If you have a cold:

7. _____ to school or work.
8. _____ an aspirin for pain and fever.
9. _____ aspirin to children under 12! It's dangerous.
10. _____ a bowl of chicken soup.

Complete each item with the correct answer. Then compare your answers with a partner.

1. I feel sick. Please take _____.
   a. me to the doctor b. some medicine
2. We're leaving for the airport. Don't _____ your passport.
   a. bring b. forget
3. Shh! _____ quiet. _____ any noise.
   a. Don't be; Make b. Be; Don't make
4. Does your eye hurt? Don't _____!
   a. rub it b. put in eye drops
5. _____ the instructions again, please. I couldn't hear you the first time.
   a. Read b. Don't read
6. It says, "Be careful! _____ this medicine on an empty stomach."
   a. Bring b. Don't take

LIVEWORKSHEETS