# FREQUENCY ADVERBS

**Frequency adverbs** help us describe how often an action occurs, or how many times the action has occurred.

**Most common:** always, usually, often, sometimes, hardly ever, never.

| Frequency | Adverbs | Examples |
|---|---|---|
| 100% | always | She always brushes her teeth after lunch |
| 90% | usually | He usually drinks coffee in the morning |
| 70% | often | They often read books |
| 50% | sometimes | We sometimes wake up late |
| 10% | hardly ever | He hardly ever gets angry |
| 0% | never | I am never late |

## GRAMMAR STRUCTURE

**Positive:**







LIVEWORKSHEETS

# A EXERCISES

## 1 Choose the best answer to complete each sentence.



He __ early on Sundays.

a. gets up usually

b. usually gets up



Lily __ late for school.

a. is never

b. never is



She __ cake for dinner.

a. sometimes has

b. has sometimes



I __ my teeth after lunch.

a. brush always

b. always brush



We __ Chinese food.

a. eat sometimes

b. sometimes eat



What do you do after lunch?

a. I usually wash the dishes

b. I wash usually the dishes



Adriana __ early for class.

a. often is

b. is often



He __ video games.

a. hardly ever plays

b. hardly plays ever

## 2 Reorder the words to make sentences.



_____ _____ _____ _____ _____ _____

| | | | | | |
|---|---|---|---|---|---|
| I | after | take a shower | always | wake up | I |

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He | to | sometimes | goes | gym | the



often | She | listens | music | to



drink | coffee | in the morning | usually | You



go | to | hardly ever | We | the | disco



never | Vegetarians | eat | meat

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