



INTERACTIVE WORKSHEET

READING COMPREHENSION

GRADE : 1st of Secondary

AREA : English

I. Read the following passage, then answer the questions below :

Obesity in Latin America is an increasing problem. More and more children and teens are becoming overweight or obese. There are many possible causes for this problem. These include an increase in urban living, dietary changes towards unhealthy US-style snacks, and a more sedentary lifestyle that involves watching TV and playing video games.

In Mexico, Congress passed legislation in 2010 in order to decrease the amount of junk food school sells to children. Specialists also suggest that schools should provide students with at least thirty minutes of exercise per day

Choose the correct answer :

- 1) One reason for obesity in children is the amount of junk food they eat?
 - a) Yes, it is true.
 - b) No, it is false.
- 2) Watching TV and playing video games are examples of an inactivity lifestyle?
 - a) Yes, it is true.
 - b) No, it is false.
- 3) In Mexico, Congress passed legislation in 2010 to decrease the amount of junk food schools?
 - a) Yes, it is true.
 - b) No, it is false.
- 4) Which of these activities is healthy?
 - a) Eating fruit and vegetables
 - b) Watching TV all day
 - c) Eating junk food
 - d) Refusing sports





INTERACTIVE WORKSHEET

READING - GRAMMAR

5) Which of these activities is unhealthy?

- a) Running and jogging
- b) Brushing teeth
- c) Drinking water
- d) Sleeping 4 hours at night



GRAMMAR : Present Progressive

I. Choose the correct answer to complete the sentences in present progressive.

1. The teacher _____ the door. (*not close*)
2. _____ you _____ the washing-up? (*do*)
3. They _____ the printers. (*check*)
4. _____ your grandmother _____ at birds? (*look*)
5. We _____ the checkpoint. (*not pass*)

II. Complete the sentences with the present progressive :

1. Maxwell _____ (sleep) in our sofa. It's very comfortable.
2. My sister _____ (learn) Spanish and German, she loves languages.
3. My mother-in-law _____ (stay) at our house in this moment.
4. She _____ (not walk) to the center of the town.
5. They _____ (play) soccer in the park right now. They are very happy, they love soccer.