

The Present Progressive

The present progressive (or present continuous) tense is used to talk about things that are happening right now. It is formed with “to be” and the present participle (-ing form of the verb).

Examples: I am eating breakfast. He is wearing his blue shoes. We are talking.

There are some spelling rules for the present participle. First, if the base verb ends in “e,” delete the “e” before adding “-ing.”

Examples: dance → dancing ride → riding skate → skating

Second, if the base verb ends in a consonant + vowel + consonant (cvc), double the final consonant.

Examples: swim → swimming run → running jog → jogging

Choose the best form of each verb to complete each sentence.

- 1) Susan (ride) _____ her bike right now.
- 2) Ollie (cook) _____ dinner at the moment.
- 3) I (study) _____ English now.
- 4) Clark and Rena (swim) _____ in the sea right now.
- 5) You (practice) _____ the guitar now.

Write the correct form of each verb in each box.

- 6) Anabella (sleep) _____ at the moment.
- 7) I (drive) _____ to work right now.
- 8) You (jog) _____ in the park now.
- 9) Tony (speak) _____ to his boss at the moment.
- 10) They (try) _____ to find Annie's keys.

Your turn! Practice using verbs in the present progressive tense to talk about things happening now.

- 11) _____
- 12) _____
- 13) _____
- 14) _____
- 15) _____