

Listen to an interview with a student talking about sport. }

For each question, choose the correct answer.

- 1 What does Elena say about running in competitions?
 - A It can take several years to prepare for a race.
 - B You need to run a lot every day before the race.
 - C You can choose to run the same distance without competing.
- 2 What does Elena enjoy about running?
 - A the opportunity to be outside
 - B the chance to test herself
 - C running with companions
- 3 Elena wanted to play rugby because
 - A it's a faster game than netball.
 - B it has a lot of physical contact.
 - C the competitions are better.
- 4 What advice does Elena give to people who are bad at sports?
 - A Keep going and you will improve.
 - B Use it as a way of getting fit.
 - C Try to enjoy whatever you are doing.
- 5 What does Elena like about team sports?
 - A the feeling of being in a group
 - B the fact you can work less hard
 - C the way the group helps you
- 6 Elena suggests that if there is too much competition in a sport,
 - A it's better to pick another sport.
 - B you should try doing the sport with a friend.
 - C you should choose to practise the sport privately.