

REVISION FOR UNIT 9

Exercise 5: Read the text and choose the word or phrase (A, B, C, D) that best fits each space

A future in the dark

For many of us, we are working, traveling and shopping in hours that used to be reserved for relaxation and sleep. But according to the results of tests being (1) by scientists, we are no longer getting enough darkness in our lives. In fact, research shows that a growing number of health and environmental problems are due to a loss of darkness.

Life has evolved with a day or night cycle. People who go without this day or night rhythm will notice an adverse impact on their immune systems, and that's not a good sign. We are (2) a conflict between what our mind wants, and what our internal body clock prepares us for. Some experts explain that our biological clock is similar to the conductor of an orchestra, with the multiple rhythms of the body (3) the various orchestra sections.

The body clock is based on the light or dark cycle and it governs us for every (4) of activity and rest in our lives. It ensures that all our various internal systems are working together - this is its sole purpose. By moving to 24 - hour living, and not taking into (5) the dark side, we will effectively be throwing away the advantages of evolution, whether we care to admit it or not.

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|-------------------|--------------------|---------------|-----------------|
| 1. A. carried out | B. carried through | C. worked | D. worked off |
| 2. A. creating | B. contributing | C. giving | D. increasing |
| 3. A. describing | B. corresponding | C. expressing | D. representing |
| 4. A. prospect | B. attitude | C. position | D. type |
| 5. A. account | B. interest | C. importance | D. detail |

Exercise 6: Read the text and questions below. Mark the correct letter A, B, C or D for each question.

2026

We may not be driving around in hover cars or eating tablets instead of tasty food, but in 10 years' time some things will be very different. The four - day working week will certainly be a reality, so we'll have a lot more time for leisure activities. But what else will be different?

If you ask a hundred people to look into the future, you will probably get a hundred answers. But two major themes seem to **emerge** from almost every prediction made. The first is variety in every aspect of our lives. We'll probably be living in what futurologists have called a 'multi - option society'. You may be married with 2.2 children, but this won't be the norm any more. It will simply be one of a number of choices, along with living in groups and living alone. The other huge influence on our lives will be micro technology - computers and telecommunications. Take work, for instance, factories will be run largely by robots, so they'll be cleaner places for the few people who work in them. Offices, too, will go electronic with the result that paper will almost completely disappear. More people will work from home at computers linked to a head office. Their homes may even be turned into 'electronic cottages', with Mum, Dad and even the children all sharing one or maybe two jobs.

- In 2026, it will probably be true that _____
 - people will work longer hours
 - people will enjoy more new forms of entertainment
 - there will be no tasty food
 - the weekends will be longer
- It can be inferred from the text that _____
 - a hundred people were asked for opinions about the future
 - a hundred people surveyed answered differently about the future
 - different people tend to have different opinions
 - people are optimistic about the future

3. The word "**emerge**" in paragraph 3 is closet in meaning to _____
- A. disappear B. discuss C. evolve D. come up
4. What is true of a "multi-option society"?
- A. You will have to live alone if not married
- B. It will be the norm to get married and have children
- C. You may choose to live with other people in groups
- D. You will be allowed to have no more than 2.2 children
5. What can be inferred about changes in the workplace?
- A. More people will work from home instead of traveling to the workplace
- B. Robots will replace all human beings in factories
- C. People's home will go electronic and be turned in to offices
- D. Paper will no longer exist in offices