

Lesson Worksheet

Exercise 1: What should he do? Give advice to them

	He should _____ _____ _____
	_____ _____ _____
	_____ _____ _____
	_____ _____ _____
	_____ _____ _____
	_____ _____ _____

Exercise 2: Read Sally's eating habit and answer questions

I eat lots of fruits and vegetables to stay healthy. I usually have chicken with rice and salad for lunch. I also drink lots of milk because it keeps my bones and teeth strong. I don't like water very much so I often drink fizzy drinks. I can't ride a bike so my Mum drives me to school every day.

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1. Does she eat a lot of fruits and vegetables?

2. Does she often drink water?

3. Why does she drink a lot of milk?

4. Why does her mother drive her to school every day?

Exercise 3: Put a tick on healthy eating habits

1. He eats potatoes and French fries everyday.
2. They eat a lot of fruits of all colors.
3. We always eat red meat such as beef or pork.
4. I never play sports.
5. I drink a small cup of water per day.
6. I choose beans, nuts, fish and chicken instead of beef or pork.
7. I eat fruits for my snack
8. I drink a bottle of milk per day because it gives me calcium and vitamin D.

Exercise 4: Read the sentence. Choose the correct answer.

- a. I **do call / call / am calling** my grandmother every Saturday.
- b. She **is read / is reading / reads** a lot in the evenings.



- c. They **don't listen / aren't listening / not listen** to the teacher right now!
- d. He **is walking / walks / walk** the dog at the moment.
- e. We **don't get / don't gets / aren't getting** up early at the weekend.
- f. What **you do / do you do / are you doing** every weekend?
- g. What **you doing / do you do / are you doing** right now?

Exercise 5: Write the verbs in the present simple or present continuous.

- a. I _____ go to school every day. go
- b. I _____ to the park now. go
- c. My sister _____ computer games every day. play
- d. My sister _____ outside now. play
- e. We _____ our favourite cartoon at the moment. watch
- f. We _____ TV on Sundays. not watch
- g. My dad _____ lunch at the moment. not make
- h. My dad _____ dinner every evening. make

Exercise 6: Fill in the paragraph

I _____ (like) sport. I _____ (do) judo on Fridays and I _____ (play) volleyball every weekend.

Right now I _____ (not do) sport, I _____

(watch) a match on TV! My brother _____ (not like) sport. Every weekend he _____ (stay) at home and _____ (play) computer games. Right now he _____ (sleep)!

These questions are True or False

- a. She likes sport. true false
- b. She plays volleyball on Mondays. true false



- c. She's watching a match on TV now.
- d. Her brother likes sport.
- e. He's playing computer games now.

true	false
true	false
true	false