



## Lesson Worksheet

### Exercise 1: What should he do? Give advice to them

	He should _____ _____ _____
	_____ _____ _____ _____
	_____ _____ _____ _____
	_____ _____ _____ _____
	_____ _____ _____ _____
	_____ _____ _____ _____

### Exercise 2: Read Sally's eating habit and answer questions

I eat lots of fruits and vegetables to stay healthy. I usually have chicken with rice and salad for lunch. I also drink lots of milk because it keeps my bones and teeth strong. I don't like water very much so I often drink fizzy drinks. I can't ride a bike so my Mum drives me to school every day.

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1. Does she eat a lot of fruits and vegetables?

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2. Does she often drink water?

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3. Why does she drink a lot of milk?

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4. Why does her mother drive her to school every day?

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**Exercise 3: Put a tick on healthy eating habits**

1. He eats potatoes and French fries everyday.

2. They eat a lot of fruits of all colors.

3. We always eat red meat such as beef or pork.

4. I never play sports.

5. I drink a small cup of water per day.

6. I choose beans, nuts, fish and chicken instead of beef or pork.

7. I eat fruits for my snack

8. I drink a bottle of milk per day because it gives me calcium and vitamin D.

**Exercise 4: Read the sentence. Choose the correct answer.**

a. I **do call / call / am calling** my grandmother every Saturday.

b. She **is read / is reading / reads** a lot in the evenings.



- c. They **don't listen / aren't listening / not listen** to the teacher right now!
- d. He **is walking / walks / walk** the dog at the moment.
- e. We **don't get / don't gets / aren't getting** up early at the weekend.
- f. What **you do / do you do / are you doing** every weekend?
- g. What **you doing / do you do / are you doing** right now?

**Exercise 5: Write the verbs in the present simple or present continuous.**

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|--|-----------|
| a. I _____ go to school every day.               | go        |
| b. I _____ to the park now.                      | go        |
| c. My sister _____ computer games every day.     | play      |
| d. My sister _____ outside now.                  | play      |
| e. We _____ our favourite cartoon at the moment. | watch     |
| f. We _____ TV on Sundays.                       | not watch |
| g. My dad _____ lunch at the moment.             | not make  |
| h. My dad _____ dinner every evening.            | make      |

**Exercise 6: Fill in the paragraph**

I \_\_\_\_\_ (like) sport. I \_\_\_\_\_ (do) judo on Fridays and I \_\_\_\_\_ (play) volleyball every weekend.

Right now I \_\_\_\_\_ (not do) sport, I \_\_\_\_\_

( watch) a match on TV! My brother \_\_\_\_\_ (not like) sport. Every weekend he \_\_\_\_\_ (stay) at home and \_\_\_\_\_ (play) computer games. Right now he \_\_\_\_\_ (sleep)!

**These questions are True or False**

- |                                     |      |       |
|-------------------------------------|------|-------|
| a. She likes sport.                 | true | false |
| b. She plays volleyball on Mondays. | true | false |





- c. She's watching a match on TV now.
- d. Her brother likes sport.
- e. He's playing computer games now.

true      false

true      false

true      false