

Goal Setting: Vocabulary Review

Part 1: Vocabulary Matching

Match the word in the left column with the correct definition from the right column.

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|------------------|--|
| 1. Reflect | A. to delay, put off until later |
| 2. Procrastinate | B. date when something must be finished. |
| 3. Stay on Track | C. a prize that has been earned |
| 4. Adversity | D. the attitude held by someone |
| 5. Deadline | E. to think deeply or carefully about |
| 6. Overcome | F. to succeed in dealing with a problem |
| 7. Reward | G. to continue doing the right thing |
| 8. Mindset | H. hardship or difficulty |

Answers:

- | | | | |
|----------|----------|----------|----------|
| 1. _____ | 3. _____ | 5. _____ | 7. _____ |
| 2. _____ | 4. _____ | 6. _____ | 8. _____ |

Part 2: Reading - Sample Sentences:

Practice reading the following sentences out loud.

The deadline to submit my essay is tomorrow.

I try not to procrastinate when I am assigned homework.

I received a reward for finishing all of my work.

To be successful, you have to have a positive mindset.

I read the article. Then, I reflected on what I read.

I must overcome some challenges to succeed.

It is important to stay on track.

You can overcome adversity with a positive mindset.

Fill in the blank:

Use the 8 new vocabulary words you know to complete the sentences below:

1. She should not _____. She should do her homework now.
2. He needs to have a plan. It will help him to _____.
3. The _____ to submit the homework is Friday at 5:00pm.
4. If we work hard, we can _____ our problems.
5. You might want to _____ yourself for finishing all of your work.
6. You should take a moment to _____ when you learn something new.
7. You will experience _____ in your life. You must be strong to get through it.
8. A positive _____ will help you stay focused.