

Let's Recycle!

• Theme: *Health and Environment*

PBD Reading [Pemahaman 12/1, Part 4: Q25 – Q34]

A. Read. Then, complete the questions below. DSKP: LS3.1.1

How Your Clothes Destroy Mother Earth

Did you know that the clothes we wear contribute to 10% of greenhouse gas emissions? Three out of five items of clothing are discarded every year, and most of them end up being burned or sent to landfills. Yet, many of us keep buying clothes, not realising that we are polluting our nature.

How do you save the environment through fashion? Instead of throwing them out when they are worn, try recycling them. You can donate them to others who are in need. If they are too worn out, repurpose them as floor mats or washcloths. If you are creative, you can turn them into bags. You may even earn money by selling them, and raise awareness at the same time.

Prevention is always better than cure. You can still be fashionable even if you buy fewer clothes. The trick is to pick versatile clothes that can be mixed and matched with the rest of your outfits. Avoid impulse buying by distinguishing between needs and wants. In other words, buy clothing only when needed. Choosing natural fibres such as cotton, tencel and wool also helps as most rayon and viscose come from endangered rainforests.

It is also advisable to do your own research to be a conscious consumer. Find out whether the garment you are eyeing is made locally or environmentally-friendly. Last but not least, proper upkeep of your clothing may allow your clothes to have a longer lifespan. Follow the recommended washing instructions and mend when needed.

- 1 Clothes are detrimental to the environment because _____

- 2 According to the writer, one habit that is worsening pollution through fashion is _____

- 3 Three ways of recycling our old clothes:
 - (a) _____
 - (b) _____
 - (c) _____

B. Using a dictionary, write down the meaning of these words that suits the text. DSKP: LS3.1.3

HOTS Creation

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| 1 versatile – _____ | 3 upkeep – _____ |
| 2 eyeing – _____ | |