

Rainbow Salad



Are you ready to cook?

1. Wash your _____ .
2. Put one spoonful of _____ at the bottom of the jar.
3. Put the boiled _____ in the jar.
4. Grate a small _____ and put it on the rice.
5. Open the can of _____ .
6. Put the tuna on the carrot.
7. Slice the _____ and put them on the tuna.
8. Put some _____ on the tomatoes.
9. Put some _____ on the blueberries.
10. Put some _____ on the broccoli.
11. Finally, put some _____ on the sweetcorn.
12. Add some _____ and close the _____ .
13. Put the jar in the _____ .

Eat and enjoy!

