



Extra Training

Use of English Task 281

Martial Arts Skills

Drag the correct words to label the pictures:

land bend punch kick balance break lie stand throw walk do fight



1 blindfolded



2 legs



3 kung fu high



4 on nails



5 gently



6 kung fu



7
yourself in the air



8 body
on tips of swords



9
barefoot on knives



10 bricks



11 the splits



12 on one leg