

Name: \_\_\_\_\_ Group: \_\_\_\_\_

**1. Listen to the man giving his opinion about sports. Choose the word you hear.**

Are you good at sport? I'm not, but I love watching and playing all **kinds/king/kind** of sport. My favourite sport is **baseball/football/futbal** – the kind with the round ball, not American football. I wasn't very good at football when I was a kid. This did not stop me playing. I played in the park with my friends **frog/for/four** hours every day. What is your **national/international/nationals** sport? Do you like it? I love Japan's national sport **zumo/jumo/sumo**. It is one of the most exciting sports in the world. You have to spend a little time getting to know the rules and the fighters. The greatest thing about sport is that it brings people together from all over the **word/ worlds/world**. Another good thing is that it keeps us **unhealthy/healthy/health**. Sports stars are very lucky. They love their job and stay fit by doing it every day. What are you going to play next?

**2. Now read the text again and answer if the following statements are TRUE OR FALSE.**

- a. He is very good at sports      TRUE    FALSE
- b. His favourite sports is football      TRUE    FALSE
- c. He played several ours with his family      TRUE    FALSE
- d. It is easy to know the rules of sumo      TRUE    FALSE

**3. Read the text and answer the statements below. Try to use full sentences.**

If you were to ask me what my favourite sport is, my answer would be swimming. I started learning how to swim when I was five years old and I have been swimming ever since.

There are many reasons why I love swimming but I'll just share a few with you, and maybe I can even encourage you to go for a swim.

The first reason that I love swimming is that it can be extremely relaxing. I love the feeling of floating on the water and feeling almost weightless. I find that whenever I leave the pool I feel totally relaxed.

On the other hand, it can also be a fast-paced competitive sport which raises your heartbeat. It's amazing pushing yourself to the challenge of beating someone else to the finish line and it's great fun racing across the pool as fast as you can! Trying little tricks like underwater handstands and flips also puts a big smile on my face.

Another reason that I love swimming is that it has more variety than other sports. Swimming offers many different strokes, so it doesn't feel like you're stuck doing the same thing over and over again. Adding swimming equipment like flippers, a snorkel or a noodle (a flexible cylindrical piece of foam) changes the experience yet again and can help you develop your swimming technique.

1. What is her favourite sport?

2. Why does she loves swimming?

3. What does swimming offer?

4. What is the equipment needed for swimming?

4. In the following exercise you will have to match the pictures with the words from the box.

|       |           |      |            |       |           |
|-------|-----------|------|------------|-------|-----------|
| pizza | ice cream | meat | vegetables | egg   | chocolate |
| sugar | fish      | rice | cheese     | bread | biscuit   |

  

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5. In this section you will have to write as much as you can. Choose one option and write at least 40 words.

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