

GRAMMAR

ADVERBS of FREQUENCY

- Complete these sixteen sentences to score your knowledge of **ADVERBS OF FREQUENCY**.

1. I **seldom** visit my relatives, so I ... see my uncle John.
a) usually
b) almost never
c) almost always
2. I'm **never** late for our English class. I'm ... on time.
a) often
b) usually
c) always
3. James **goes** to the beach only once a year. He ... goes to the beach.
a) almost never
b) never
c) sometimes
4. My sister **often** ... a book in the evenings.
a) reads
b) read
c) is reading
5. I ... eat junk food because I know it's not very healthy.
a) always
b) sometimes
c) seldom
6. ... we go to the gym to exercise, maybe two or three days a week.
a) Rarely
b) Sometimes
c) Always
7. I ... watch cartoons because I hate them. News shows are much better.
a) almost always
b) sometimes
c) never
8. They **always** ... to bed early because they always get up early.
a) go
b) will go
c) goes
9. I went to a restaurant last week, but I ... eat at home.
a) usually
b) seldom
c) always
10. She **doesn't** ... finish work early because she is often busy.
a) never
b) usually
c) always
11. It ... snows where I live, so I never make a snowman.
a) sometimes
b) never
c) always
12. We visit our grandparents three or four times
a) the month
b) month
c) a month
13. He **almost never** sees a doctor because he is ... sick.
a) almost always
b) usually
c) seldom
14. Do you ... travel to other countries on your summer holiday?
a) ever
b) never
c) how often
15. I ... study very hard, so I usually get high grades in school.
a) always
b) rarely
c) almost never
16. He's **never** angry. He ... has a smile on his face.
a) never
b) always
c) seldom