

MOODS AND FEELINGS

1. Complete the sentences with a suitable adjective from the list (Drag the word to its place)

SLEEPY	NERVOUS	ASHAMED	BORED
ENVOIOUS	SHOCKED	DEPRESSED	HELPLESS
EMBARRASSED	DISAPPOINTED	ANGRY	AFRAID OF
EXCITED	LONELY	PROUD	RESTLESS

1. For the first six months after her husband died, she felt very _____ and longed for company.
2. He always slept with the light on because he was _____ the dark.
3. He felt very _____ and started to blush when his mother started showing his girlfriend pictures of him as a baby.
4. Although he had been acting for over 30 years, he still felt very _____ before every performance.
5. He became very _____ when I told him that someone had damaged his car.
6. She was very _____ when she didn't get the job with the BBC. She really thought she had got it.
7. I think I'd better go to bed. I am feeling rather _____.
8. I am _____ with watching TV all the time. Can't we go out somewhere for a change?
9. Bill's feeling really _____ at the moment. He's just lost his job and his father is dying.
10. Their children were very _____ at the thought of going to see the circus.
11. They felt very _____ as their daughter stepped on to the stage to receive her prize.
12. Everyone in the village was deeply _____ to hear that the postman had been murdered.
13. He felt very _____ when his neighbour bought a new car.
14. She felt so _____ as she watched the child struggling in the river. She couldn't swim and there was nothing she could do.
15. He felt _____ of himself for behaving so badly last night.
16. I can never stay in the same job or place for more than five or six years. I start to get _____ and want a change.

2. Join the words with their definitions

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| 1. AMAZED | a) are very sad because they have been upset or deeply hurt by something that has happened. |
| 2. ANXIOUS | b) are very unhappy. |
| 3. BAD-TEMPERED | c) are unhappy because they are away from home and missing their family, friends, etc. |
| 4. CHEERFUL | d) like remembering happy events and experiences from the past, often because they are not so happy with their lives now. |
| 5. HEARTBROKEN | e) are feeling very worried and nervous about something that may or may not have happened. |
| 6. MISERABLE | f) are very easily affected by emotions such as sympathy, love or sadness. |
| 7. SCARED | g) are so surprised that they find it hard to believe what has happened. |
| 8. NOSTALGIC | h) are frightened |
| 9. SENTIMENTAL | i) are happy and in good mood |
| 10. HOMESICK | j) get angry very easily and behave in a very angry and unfriendly way. |