CARPETA RECUPERACIÓN: ENGLISH- LRC - SUMMER 2022

FULL NAME: _____GRADE AND SECTION: _____

I.-READING COMPREHENSION: (Estimado estudiante: se le recomienda tener un diccionario inglés español cerca para revisar el significado de las palabras)- La enrega de la carpeta será de regreso de las vacaciones .

The daily routines of a sportswoman

Janet is an athlete, and she wakes up at 4:30 am every weekday morning. She spends the first 30 minutes reading and then 15 minutes meditating. At 5:15 am Janet checks her email for only 30 minutes and then goes for her first run of the day. She runs for an hour and a half along the lake near her house. After running, Janet has a shower and then prepares breakfast, which is usually cereal and fruit. However, she occasionally has a less healthy breakfast.

She usually finishes breakfast at around 8 am. If it is a weekday, she always leaves the house at 8:20 and goes to training. Her training starts at 9 am, and she needs 30 minutes to drive to the gym. She trains for 3 hours with her team and then goes home for lunch. She always eats a very big and healthy lunch. As soon as she finishes lunch, she has a nap for one hour.

After her nap, she likes to go for a walk around the lake and look at nature. She sometimes reads or meditates at the lake in the afternoon. In the evening, during the week, she meets up with friends. Most of her friends are athletes too, so they have a lot to talk about.

She typically goes to bed at 9 pm because she prefers to be awake in the morning than at night. She sometimes falls asleep listening to music, but she never watches the television or reads anything on her tablet. She always makes sure her alarm is set and is almost always asleep by 9:45 pm.

LIVEWORKSHEETS

1.-She checks her emails at :

a) 6 am

b) 5:15 am

c) 4:30 am

2.- She runs near :

a) Her house

b) Her work

c) Her office.

3.- She meditates.

a) true

b) false

c) doesn't say

4.- She always eats fast food .

a) true

b) false

c) doesn't say

5.- She goes to bed at 9 o'clock .

a) true

b) false

c) doesn't say

6.-She always watches television .

a) true

b) false

c) doesn't say

7.-Her friends are:

a) athletes

b) doctors

c) teachers

LIVEWORKSHEETS

II.-LISTENING : (EL AUDIO SE ENVÍA APARTE)

Listen to the conversation in a restaurant and do the exercises to improve your listening skills.

Preparation

Do this exercise before you listen. Draw a line to match the pictures with the words below.

fruit salad	cheeseburger	vegetables	cheese and biscuits	ice cream	pasta
chips	roast chicken	sausages	tomato soup	omelette	grilled fish

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1. Check your understanding: true or false

Do this exercise while you listen. Circle *True* or *False* for these sentences.

1. The customers want two tables. *True* *False*
2. There are two customers eating together. *True* *False*
3. The two customers order the same starter. *True* *False*
4. Both customers order the Thai chicken for their main course. *True* *False*
5. The customers order cold drinks. *True* *False*
6. Both customers order a dessert. *True* *False*

LIVEWORKSHEETS

III.-WRITING:

WRITE ABOUT YOU AND YOUR FAMILY IN AT LEAST 100 WORDS.

LIVEWORKSHEETS