

UNIT 4: LEISURE TIME (LESSON 1)

A) SPEAKING

1. Nouns associated with leisure time. Fill in the blanks: *leisure, free time, relaxations*

- Yoga is one of my favourite _____.
- Most people only have a limited amount of _____.
- Some common _____ activities that people enjoy doing are walking, swimming, meditation, reading, playing games and dancing.

2. Adjectives associated leisure time. Read and choose. Then put a tick in the correct boxes.

Sentences	Feelings (-ed adj)	Reasons (-ing adj)
1. He was getting boring / bored with the show.		
2. The movie was so boring / bore I fell asleep.		
3. I find swimming so relaxing / relaxed .		
4. She appeared relaxing / relaxed and confident.		
5. Are you exciting / excited about your holiday?		
6. This is an exciting / excited opportunity for me.		
7. The man is getting interesting / interested in gardening.		
8. He makes the story interesting / interested .		

3. Say the words or phrases.

leisure (US)	leisure (UK)	free time	relaxation
boring	bored	relaxing	relaxed
interesting	interested	exciting	excited

4. Make sentences with these words.

a. leisure

b. relaxing

c. relaxed

d. boring

e. bored
