

E7 Unit 10: Personal Hygiene

1. A letter to Mom.

October 20

Dear Mom,

Thanks for your letter. I'm glad (1)_____ you are well. I am doing well at school. At first, everything (2)_____ strange and difficult. Now I am having a lot of fun. I hope you (3)_____ Ha Noi after the harvest. We will take you around the city.

Don't worry (4)_____ me, Mom. I know how to (5)_____ care of myself. Every day I get up early to (6)_____ morning exercises, and I never (7)_____ to bed late. I often wash my clothes and iron them carefully. I am not eating (8)_____ candy now.

I told all of my friends about your visit and they all hope (9)_____ you in Ha Noi. It's 9.30 now, so I must (10)_____ to bed.

Take care, Mom. Write again soon.

Love,

Hoa

2. A bad toothache

Minh: Ow!

Hoa: What's the (1)_____, Minh?

Minh: I have a toothache.

Hoa: Are you going to the (2)_____?

Minh: Yes, I am. I have (3)_____ appointment at 10.30 this morning, but I'm scared.

Hoa: Why?

Minh: I hate the sound of the drill. It's so loud.

Hoa: I understand (4)_____ you feel, but don't worry. Last week, the dentist filled a cavity (5)_____ my tooth.

Minh: (6)_____ you scared?

Hoa: I was a little scared, but the dentist was kind. She looked (7) _____ my teeth and told me (8) _____ worry. Then she filled it. It stopped hurting afterwards. I felt a lot better (9) _____ she fixed my tooth.

Minh: You're right. I feel (10) _____ scared now. Thanks, Hoa.

Hoa: You're welcome, Minh. Good luck!

3. Listen and read.

Minh is sitting in Dr Lai's(1) _____. Dr Lai is checking his teeth.

Dr Lai is kind. She smiles (2) _____ Minh and says, 'Don't worry. Minh! You have one small cavity, but it isn't (3) _____. Your other teeth are fine.'

Minh is very happy. Dr Lai (4) _____ the cavity in Minh's tooth. She finishes (5) _____ less than 10 minutes. Minh is very pleased. Then Dr Lai sits down and talks (6) _____ Minh again.

"How(7) _____ do you brush your teeth, Minh?" she asks. Minh looks worried again.

'Oh, I ... Well, sometimes I forget (8) _____ brush my teeth.'

'Try not to forget', Dr Lai says.

'(9) _____ your teeth is very important. Clean teeth are (10) _____ teeth!'

4. Now complete the story

Minh is very(1) _____ and Dr. Lai notices this. She (2) _____ at Minh and tells not to worry. She explains one of his teeth has a (3) _____

He has to (4) _____ them regularly. After Dr. Lai fills his tooth. Minh leaves. He is very(5) _____