

PART 3: TEST YOURSELF

I. Choose a word in each line that has different stress pattern.

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|------------------|--------------|---------------|---------------|
| 1. A. ingredient | B. cucumber | C. particular | D. analysis |
| 2. A. understand | B. librarian | C. experiment | D. historical |
| 3. A. business | B. combine | C. endangered | D. reduce |
| 4. A. accidental | B. outnumber | C. opinion | D. nutritious |
| 5. A. pancake | B. canteen | C. teaspoon | D. cabbage |

II. Choose the best answer A, B, C or D to complete the sentences.

1. A meal of Hue people has a natural combination between flavors and colors of dishes, which creates the unique _____ in the regional cuisine.
A. description B. list C. feature D. part
2. You usually _____ vegetables like onion. It means that you cut them into many small pieces.
A. grate B. sprinkle C. chop D. whisk
3. _____ has left a bicycle outside.
A. Anyone B. Anything C. Someone D. Something
4. Keeping a _____ for a few days will help you discover your bad eating habits.
A. food diary B. report C. diary D. personal
5. One special feature of cuisine in Southern Vietnam is short cooking time which aims to _____ the freshness of food.
A. remain B. exist C. stay D. continue
6. Is there _____ apple juice in the fridge, Quang?
A. any B. some C. an D. a
7. _____ don't visit this part of the town.
A. The most tourists B. Most of tourists
C. Most tourists D. Most the tourists
8. You may have had certain eating habits for so long that you do not _____ they are unhealthy.
A. understand B. tell C. recognize D. realize
9. If children don't play sports, they _____ sleepy and tired.
A. would have felt B. had felt C. would feel D. will feel
10. If I feel hungry in the afternoon, I _____ snacks like fresh carrots.
A. had had B. might have C. would have D. had
11. Can I have a pizza, a dozen eggs and a _____ of lemonade, please?
A. piece B. tub C. bottle D. jar
12. I think that _____ lemon juice on fish makes it taste better.
A. few B. a few C. little D. a little
13. If parents don't cook at home, their children _____ more fast food.
A. may have B. had had C. have D. would have
14. If my mother goes home late this evening, my father _____.
A. had cooked B. has cooked C. will cook D. would cook
15. I would like a _____ of broccoli and two carrots.
A. slice B. head C. bunch D. clove
16. We couldn't buy anything because _____ of the shops were open.
A. all B. half C. most D. none
17. If you eat a lot of fruit, you _____ health problems.
A. had B. will never have C. have D. may have
18. Such _____ as sugar, sugarcane, and coconut water are mostly used in Southern Vietnamese food than in Northern and Central Viet Nam.
A. ingredients B. menus C. dishes D. courses

19. I didn't eat everything that they _____ me at the party.
 A. served B. shared C. cooked D. baked
20. The village is very small. There are _____ houses.
 A. a few B. only a few C. some D. only a little

III. Choose the word in the box to complete the text.

sophisticatedly	livestock	ingredients	characterized	cuisine
influence	shrimps	dishes	flavors	varies

Vietnamese food culture (1) _____ by regions from the north to the south. In Northern Viet Nam, Vietnamese food is (2) _____ by light and balanced flavours with the combination of many (3) _____. Northerners have been using many kinds of meats like pork, beef, and chicken to cook; besides, some kinds of freshwater fish, crustaceans, and other mollusks like (4) _____, crabs, and oysters, etc. Many famous dishes of Viet Nam are cooked with these ingredients such as Bun Rieu, Pho, Bun Thang, Bun Cha, Banh Cuon, etc.

Then food culture in Central and Southern Viet Nam has developed suitable (5) _____ in each region. In Central Viet Nam, the regional cuisine of Central Viet Nam is famous for its spicy food, which differs from two other parts with mostly non-spicy food. Hue cuisine is typical Central Viet Nam's food culture. (6) _____ of Hue cuisine are decorative and colorful, which expresses the influence of the Vietnamese royal (7) _____ in the feudal period. Food in the region is often decorated (8) _____ and used with chili peppers and shrimp sauces, namely, Bun Bo Hue, Banh xeo, or Banh beo, etc.

In Southern Viet Nam, the region is characterized by warm weather and fertile soil, which creates favorable conditions for planting a variety of fruit, vegetables and (9) _____. Thus, food in the region is often added with garlic, shallots and fresh herbs. Particularly, Southerners are favored of sugar; they add sugar in most dishes. Here, there is also an (10) _____ of western and Asian cuisines on southern food, such as influences from China, India, France, and Thailand.

IV. Fill in the blank with a suitable word.

Many health (1) _____ believe that children and young people today are more (2) _____ than they used to be. So why has this happened?

One reason is bad eating habits. (3) _____ of young people don't have a healthy diet. They eat too much fast food (4) _____ hamburgers and pizza and not enough fruit and vegetables. In the US, many children have been eating fast food (5) _____ since they were very young. In fact, almost one-third of American children aged four to nineteen have been eating fast food (6) _____ all the time. They also don't (7) _____ exercise and spend too (8) _____ of their time watching TV, surfing the Internet or playing computer games.

So how can you change your habits if you have been following an unhealthy lifestyle for a long time? First, change your (9) _____ and eat more fruit and vegetables. Next, find an activity you enjoy. Why not try something different like rock climbing, surfing or hiking? Many young people have found that (10) _____ fit and healthy can be a lot of fun.

V. Complete the sentences with *a*, *an*, *some* or *any*.

- I don't have _____ paper.
- Is there _____ petrol in the car?
- I buy _____ fruits, but I don't have _____ vegetables.
- Do you have _____ stamps? I need two.
- I need _____ butter to make a cake.
- I don't have _____ free time today. Sorry.
- Are there _____ potatoes in the basket?
- There is _____ ink-pot on the table.
- Can I have _____ glass of milk?
- Thank you. And _____ box of chocolates would be fine.

VI. Fill in the blanks with: much/ many/ few/ little/ most.

1. She isn't very popular. She has _____ friends.
2. Ann is very busy these days. She has _____ free time.
3. Did you take _____ photographs when you were on holiday?
4. I'm not very busy today. I haven't got _____ to do.
5. This is very modern city. There are _____ old buildings.
6. The weather has been very dry recently. We've had _____ rain.
7. _____ English learners is becoming greater and greater.
8. _____ people have applied for the job.
9. Did it cost _____ to repair the car?
10. _____ of my friends live in HCM city.

VII. Put the verbs in brackets into the correct tenses of the conditionals.

1. If we **(take)** _____, the children **(not go)** _____ for a walk.
2. If she **(not read)** _____ the novel, she **(not pass)** _____ the literature test.
3. If I **(not argue)** _____ with my friend, he **(lend)** _____ me his motorbike.
4. If we **(take)** _____ the bus, we **(not arrive)** _____ in time.
5. If Dick **(not buy)** _____ the book, his friends **(be)** _____ angry with him.
6. If Tom **(not tidy up)** _____ his room, Victoria **(not help)** _____ him with the muffins.
7. If the boys **(not play)** _____ football, the girls **(not come)** _____ to the football pitch.
8. If you **(eat)** _____ too much junk food, you **(not lose)** _____ weight.
9. If I **(not make)** _____ breakfast tomorrow morning, my girlfriend **(not love)** _____ me anymore.
10. If they **(not hurry)** _____, they **(not catch)** _____ the train.

VIII. Write one word in each gap to complete the sentences.

1. Most people seem to be _____ of the harmful effects of their diet.
2. Everyone complemented her _____ the wonderful buffet she'd laid on.
3. The problem with drinks like that is they're full _____ sugar.
4. The snack choice was _____ fruit salad or chocolate cake.
5. I'm going to tell you what your supper is. You'll just have to wait _____ see.
6. She's generally regarded _____ being the best cookery book writer of her generation.
7. Most people associate English food _____ fish and chips and shepherd's pie.
8. Karen's very careful _____ how much the salt she has.
9. There's a lack _____ good restaurants round here.
10. The meat was well cooked, but the sauce was totally lacking _____ flavor.