

PARALYMPIAN

Celebrating 25 years of the International Paralympic Committee • 1989-2014

www.paralympic.org

Top 3 Paralympians who inspire in Brazil 2016

The Paralympic Games is a major event that has a great impact on disabled people's lives, so I have high hopes for Korea 2018. It will be an 11-day event where 4,350 disabled athletes from 176 different countries will compete in the spirit of the Paralympic core values: courage, determination, inspiration and equality.



Written by Catherine Shepherd
Photographs by John Donnell

Esther Vergeer is a wheelchair tennis player from the Netherlands. A nine-hour operation left Vergeer without use of her legs. She can't walk but she can play tennis, basketball, and volleyball in a wheelchair. This phenomenal athlete is number one in the world for wheelchair tennis. She won 7 gold medals in singles and doubles.

A

Franz Nietlispach is a Swiss wheelchair athlete, handcyclist and politician. He can't walk but he can ride a bicycle and can play table tennis. He won a total of twenty-two medals- fourteen gold, six silver and two bronze medals. He is a good example for his community in Switzerland and the whole world.

B

Trischa Zorn is an American swimmer. She is a teacher and a Paralympic athlete. She can't see but she can swim perfectly! She won 55 medals in total – 41 gold, 9 silver and 5 bronze medals – between 1980 and 2004, and for the United States. We can't be so impressed!

C

	A	B	C
Name			
Surname			
Nationality			
Occupation	A tennis player	An athlete and _____	An athlete and _____
Activities they can do			
Activities they can't do			
Number of medals			