แบบทดสอบวัดผลปลายภาค รายวิชา ภาษาอังกฤษ6 รหัสวิชา อ23102
จำนวน 20 ข้อ คะแนนเต็ม 20 คะแนน ครูผู้สอน นางสาวสุวณี จันทสังข์

คำชี้แจง ให้นักเรียนพิมพ์คำตอบที่ถูกต้องลงใน LIVE WORKSHEET นี้

Part I: Read the article and answer the questions. (items 1-5)
ให้นักเรียนอ่านบทความข้างล่างนี้ แล้วนำประโยค a-e ไปพิมพ์ลงในช่องคำตอบข้อ 1-5

a. at least 5 portions
b. the advices to stay healthy
c. eating different food group
d. at least 8 glasses a day
e. they often have a lot of sugar, fat or salt.

Eating the rainbow

What is a balanced diet?

A balanced diet means eating the right variety of foods in the right quantities for your body.
To stay healthy, your body needs different food groups, like carbohydrates for energy, protein for growth and vitamins and minerals to protect against disease.
The quantity of each type of food varies from person to person, but there are some general rules that everyone should follow.

Should I always eat breakfast?

Your body needs energy to start the day so you shouldn't miss breakfast. You should start the day with a good breakfast, including bread or cereal, milk or yogurt and fruit.

How many portions of fruit and vegetables should I eat?

You should have at least 5 portions of fruit and vegetables a day. Think of the rainbow and try to eat foods of different colours: red tomatoes, green spinach, orange carrots, yellow bananas and so on. This will give you all the necessary vitamins and minerals.

Should I stop eating things like crisps and chocolate?

Everybody likes crisps or chocolate, but you shouldn't eat them too often.
Remember, snacks often have a lot of sugar, fat or salt, so always read the labels to check the nutritional information.

How much water should I drink?

Do you know that about 70% of your body is water?
Water is essential for our body to function correctly and you should drink at least 8 glasses every day.

1. What does “eating the rainbow” mean?

_____

2. How many portions of fruit and vegetable should you have?

_____

3. Why shouldn’t you eat snacks too often?

_____

4. How much water should you drink?

_____

5. What is the article mainly about?

_____

Part II: Match the food groups and food information (a-k) to the biscuits label.
ให้นักเรียนจับคู่หมู่อาหารและข้อมูลอาหารกับฉลากขนมบิสกิท โดยพิมพ์ a-k ลงในช่อง□

Food groups

- A carbohydrates
- B sugar
- C protein
- D vitamins and minerals
- E fat
- F fibre

Food information

- G facts about nutrients
- H quantity of food for one person
- I unit of energy given by food
- J a substance which adds flavour
- K a substance which adds colour

6 9 7 8 1

Part III: Complete the sentences with following words.
ให้นักเรียนเติมคำศัพท์ต่อไปนี้ลงในประโยคให้สมบูรณ์

plastic	leather	aluminum
silver	cotton	

11. The bracelet is made of _____.

12. The can is made of _____.

13. The bottles are made of _____.

14. A pair of boots is made of _____.

15. This shirt is made of _____.

Passive voice: Present

Put in the correct form of the verb in the Passive into the gaps.

ให้นักเรียนเลือกคำตอบ a-e ไปเติมลงในช่องว่างในรูปแบบ Passive (verb to be + verb ช่องที่ 3) ให้ถูกต้อง

ตัวอย่าง: The books are sold out.

A. are released
B. are produced
C. is opened
D. are made
E. is written

1. The cars _____ in this factory.
2. The shop _____ at 8 P.M.
3. Films _____ Mondays.
4. The bottles _____ of glass.
5. The poem _____ by William Shakespeare.