

Unit 12

Vocabulary B

+ probably	
+ dirt	
dirty	
+ diet	
+ balanced	
balanced diet	
+ to affect	
+ whole	
+ life	
+ sugar	
+ sugary	
+ moderate	
moderation	
+ amount	
+ energy	
+ sensibly	
sensible	
+ fatty	
+ body-building	
+ dairy product	
+ plenty	
+ cereal	
+ to mean	
+ variety	
+ to enjoy	
+ guideline	
+ key	
+ lifestyle	
+ advantage	