



FIRST, READ THE FOLLOWING STORY.

ASTIC THE DANCER

Astic is a 20 year old girl, she has always been a dancer. Her specialty is ballet and contemporary dance. She wants to be better at it, so she is very dedicated to this art and her daily routine is very productive.



Her days start very early, she wakes up at 5:00 in the morning, she gets ready and an hour later she starts training in the gym, she trains for two hours. Arriving home again, she rests a bit, then she takes a shower, gets dressed, eats her breakfast and finally at 8:45 she goes to the university, her first class starts at 9 o'clock. She studies dance, she wants to be a great professional. Her last class ends at 3:00 in the afternoon. Finally, on Mondays, Wednesdays and Fridays she practices with her dance group at night, for 4 hours, starting at 7:00 PM.



In her free time, she does any activity or entertainment to rest and relax, such as watching TV, spending time with her family and friends or reading, but always, half an hour after her class, she meditates for 30 minutes.

At the end of her busy days she sleeps, minimum 7 hours, since her body must be healthy and active, and as Astic says "the life of a dancer is heavy, but happy".





NOW ANSWER THE FOLLOWING QUESTIONS, SELECT A SINGLE ANSWER.

1) What time does Astic usually wake up?

- A) She wakes up at 5 in the morning.
- B) At 6:00 A.M.
- C) She wake up at 5 in the morning.

2) What time does she start meditating?

- A) She meditates at 4 in the afternoon.
- B) She meditates at 3:30 PM.
- C) She meditate after her classes.

3) What does Astic want to achieve with dance?

- A) She wants to be a professional in this art.
- B) She always wants to dance.
- C) She just wants to be entertained.

3) What time does Astic dance practice finish?

- A) Her practices end at 11 o'clock.
- B) She finishes practicing at 10 o'clock.
- C) She finishes practicing at 11 o'clock.

5) What time does Astic school start?

- A) At 9:00 in the morning.
- B) At 9:30 in the morning.
- C) In the morning.



6) What time does she finish her workouts at the gym?

- A) She finishes her training at 8 AM.
- B) She ends her training at 7 AM.
- C) She finishes her training at 8:30 AM.



7) What time does she usually go to her university?

- A) At nine o'clock in the morning.
- B) At 8:45 AM.
- C) At 8:50 AM.



8) Astic starts her training in the gym...

- A) at 6 in the morning.
- B) at 6 in the afternoon.
- C) at 5 AM.

9) What is Astic's specialty?

- A) Ballet and Contemporary.
- B) Folklore and Ballet.
- C) Ballet, Contemporary and Break Dance.



10) How many days of the week does Astic practice dance?

- A) Three days.
- B) Four days.
- C) Two days.

