

What should I do to be safe/healthy?

Write *should* or *shouldn't*

You _____ wear a seat belt.

You _____ drink plenty of water

You _____ eat junk food.

You _____ brush teeth after meals.

You _____ warm up and stretch before doing sports.

You _____ eat in moderation.

You _____ go deep into water.

You _____ stay all day in the sun.

You _____ wash hands with soap.

You _____ get enough sleep.

You _____ ride a bike too fast.

You _____ wear comfortable shoes.