



MARCH VIRTUAL PERIOD

FIRST AND SECOND CONDITIONALS

1- Choose the correct option to complete the text.

Sport

Superstitious athletes

Athletes develop superstitions by associating particular behaviour with good **(0)** *performance*.... Typical examples include insisting on wearing the same item of clothing, only eating certain food or always listening to the same song before a match or a race. These superstitions usually have no **(1)** with success but many athletes believe that they bring them good luck.

(2) sport at a professional level is extremely difficult and athletes are under pressure to achieve as close to **(3)** as they can possibly manage. Many athletes find this extremely **(4)** So anything that helps them to feel more **(5)** isn't necessarily a bad thing and some athletes maintain their lucky charms make them feel more **(6)** However, these little superstitions could also be potentially **(7)** for athletes' mental health because they can develop an unhealthy **(8)** on them. They should be focusing on improving their athletic ability instead of worrying about superstitions. ■

2- Put the verbs into the right tense so as to form the first conditional.

- Dad _____ (be) angry if we _____ (get) home late.
- If you _____ (come), we _____ (have) a good time.
- I _____ (punish) you if you _____ (not/stop) fighting.
- If you _____ (break) anything, you _____ (have to) pay for it.
- If I _____ (miss) the bus, I _____ (take) a taxi.

- f. Your friend _____ (forgive) you if you _____ (apologize).
- g. If you _____ (not/leave) now, we _____ (call) the police.
- h. If we _____ (go) shopping we _____ (spend) a lot of money.
- i. If they _____ (not/invite) us, we _____ (not/go)
- j. If you _____ (be/ not) careful, you _____ (break) the vase.

3- Complete the 1st conditional sentences with the prompts from the box. Use the correct form of the verbs.

if/it/not rain	if/I/buy/your ticket	I/help/you	if/we/not give/them/a present
what/you/do	we/be/positive		if/we/not support/him

> **Things will get better if we're positive.**

- 1 he won't finish the race.
- 2 if you can't do your homework.
- 3 Will you come to the concert ?
- 4 they won't be happy.
- 5 If Peter comes to visit, ?
- 6 We'll go to the beach .

4- Rewrite the sentences using the second conditional.

e.g. We don't visit my uncle very often because he lives abroad.

If my uncle didn't live abroad, we would visit him very/more often.

- a. He doesn't earn much. That's why he doesn't have a nice car.

- b. The teacher speaks too fast. That's why I can't understand her.

- c. I can't go to Sylvia's party because I have to study for an exam.

- d. Sarah doesn't go to the cinema often because she hasn't got much money.

- e. He works at the weekends so they can never meet on Sunday afternoons.

- f. I can't go to the disco with my friends because I have to get up very early in the morning.
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5- Put the words in the correct order to form second conditional questions.

happy	you	if	Would	failed	you	an	be	exam?

feel	How	you	would	sang	you	if	solo?	a

you	if	What	rich?	would	you	buy	were

would	you	you	if	were	do	famous?	What

6- Complete the second conditional questions using the verbs in brackets in the correct tense.

- a) How you if you a gold medal? (feel/win)

I would feel very proud.

- b) Where you if you a time machine? (go/have)

I would go to the future.

- c) What animal you if you an animal? (be/be)

I would be a cat.

- d) What you if you a spider in your bed (do/see)

I would scream.

- e) What you if you Donald Trump? (say/meet)

I would say hello.