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| 1. Why did Carla change the way she worked? | A She didn't enjoy the work she did.
B She spent very little time at home.
C She had health problems. |
| 2. What does Carla say about running her own business? | A She continues to work a lot of hours.
B It allows her to take more holidays.
C She earns more than she used to. |
| 3. What changes did Carla make to her exercise routine? | A She does more exercise than she used to.
B She does a new kind of exercise now.
C She exercises at a different time of day. |
| 4. How does Carla feel about her health and eating habits? | A guilty about having too many snacks
B delighted that she has discovered new foods
C surprised that she now feels so much better |
| 5. Where does Carla spend time with her sisters? | A in her own home
B at the cinema
C at the local pool |
| 6. Which time-saving idea does Carla find efficient? | A checking emails on the way to work
B having a lot of similar clothes
C making lists of jobs to do |