1. Why did Carla change the way she worked?

- **A** She didn't enjoy the work she did.
- **B** She spent very little time at home.
- **C** She had health problems.

2. What does Carla say about running her own business?

- **A** She continues to work a lot of hours.
- **B** It allows her to take more holidays.
- **C** She earns more than she used to.

3. What changes did Carla make to her exercise routine?

- **A** She does more exercise than she used to.
- **B** She does a new kind of exercise now.
- **C** She exercises at a different time of day.

4. How does Carla feel about her health and eating habits?

- **A** guilty about having too many snacks
- **B** delighted that she has discovered new foods
- **C** surprised that she now feels so much better

5. Where does Carla spend time with her sisters?

- **A** in her own home
- **B** at the cinema
- **C** at the local pool

6. Which time-saving idea does Carla find efficient?

- **A** checking emails on the way to work
- **B** having a lot of similar clothes
- **C** making lists of jobs to do

LIVEWORKSHEETS