

1. Why did Carla change the way she worked?
 - A She didn't enjoy the work she did.
 - B She spent very little time at home.
 - C She had health problems.

2. What does Carla say about running her own business?
 - A She continues to work a lot of hours.
 - B It allows her to take more holidays.
 - C She earns more than she used to.

3. What changes did Carla make to her exercise routine?
 - A She does more exercise than she used to.
 - B She does a new kind of exercise now.
 - C She exercises at a different time of day.

4. How does Carla feel about her health and eating habits?
 - A guilty about having too many snacks
 - B delighted that she has discovered new foods
 - C surprised that she now feels so much better

5. Where does Carla spend time with her sisters?
 - A in her own home
 - B at the cinema
 - C at the local pool

6. Which time-saving idea does Carla find efficient?
 - A checking emails on the way to work
 - B having a lot of similar clothes
 - C making lists of jobs to do