

6B

A day in my life

I. Vocabulary: A typical day

a. Complete the verb phrases



1 get _____ up



2 f _____ work



3 g _____ shopping



4 h _____ a shower



5 d _____ housework



6 m _____ dinner



7 w _____ TV



b. Write the words in the chart.

a bath	to bed	breakfast	a coffee	to the gym
home	lunch	a sandwich	to school	to work
have	go			
a bath	to bed			

c. Complete the text with the correct verb.

do finish
get up go (x4)
have (x3) watch

I'm Hannah and I'm a nurse.
I work at night and I sleep
during the day. I ¹ finish
work at eight o'clock in the
morning and then I ² _____
home and I ³ _____ to
bed. I ⁴ _____ at about
four o'clock in the afternoon
and I ⁵ _____ some
cereal and orange juice for
breakfast. Then I ⁶ _____ shopping
and I ⁷ _____ the housework or
⁸ _____ TV. At seven o'clock in the
evening I ⁹ _____ a shower and I
¹⁰ _____ dinner before I ¹¹ _____
to work again.



II. Grammar: Adverbs of frequency

a. Rewrite the sentences. Use the words in brackets.

- 1 I get up early. (always)
I always get up early.
- 2 Yasmin goes to school by bus. (usually)
_____.
- 3 You do housework. (never)
_____.
- 4 They have fish for dinner. (sometimes)
_____.
- 5 Andy has lunch at home. (always)
_____.
- 6 I watch TV in the morning. (never)
_____.
- 7 We go shopping at the weekend. (sometimes)
_____.
- 8 They have coffee for breakfast. (usually)
_____.

b. Look at the chart and complete the sentences.

✓✓✓✓✓ = always ✓✓✓ = usually ✓ = sometimes x = never	 Diego	 Jen
go to the gym	x	✓✓✓✓✓
read magazines	✓	✓✓✓
watch football on TV	✓✓✓✓✓	✓
get up early	✓✓✓	x

- 1 Diego never goes to the gym.
- 2 He _____ magazines.
- 3 He _____ football on TV.
- 4 He _____ early.
- 5 Jen _____ to the gym.
- 6 She _____ magazines.
- 7 She _____ football on TV.
- 8 She _____ early.