

Plants We Eat

We eat many foods that come from plants.

Do you eat apples and bananas?

They are fruits. Do you eat toast or cereal?

They are made from grains like wheat,

oats, and rice. How about carrots,

celery, and potatoes? They are vegetables.

Fruits, grains, and vegetables all come from plants.



A) Match with the meaning

1. Come from

2. Eat

3. Made from

4. Wheat

5. Oats

6. How about..?

a) Avena

b) Qué tal..?

c) Viene de

d) Trigo

e) Comer

f) Hecho de

B) Answer the questions

1. The main idea of this paragraph is

☐ A. cereal is made from grains.

☐ B. carrots are vegetables.

☐ C. many foods we eat come from plants.

2. Apples are

☐ A. vegetables.

☐ B. fruits.

☐ C. grains.

3. If you eat a banana on cereal, you eat

☐ A. fruit and grains.

☐ B. two vegetables.

☐ C. plants and animals.

