A. Read each health habit. Click the happy face if you practice the habit. Color the sad if you do not practice the habit.

1. I change my clothes when they get stained or dirty.

2. I take a bath every other day.

3. I wash my hands before and after eating.

4. I wash my feet after wading in flooded areas.

5. I wash my hands with soap and water each time they get dirty.

6. Complete each sentence with the correct word or words. Choose your answer from the box.

"Lupang Hinirang"	germs
appropriate	"Happy Birthday"
wash	towel

1. _____your feet after wading in flooded areas.
2. Sing the song _____ two times when washing your hands.
3. Tiny living things that can cause disease are called _____.
4. After washing your hands, wipe and dry them with a clean _____.
5. Wear _____ and comfortable clothes.

LIVEWORKSHEETS