# Composition

**Write a paragraph about (Sports) using the information in the table below :-**

| | |
|---|---|
| **Importance of sports** | - Very important for us. -Keep us healthy -fit.<br>- Give us energy - strength. |
| **Types of sports** | - Individual sports - golf - athletics - require strength - control.<br>- Team sports - need two teams - play - tennis -football. |
| **Conclusion** | - Teach us the lesson -team-work, patience - punctuality. |

## Sports

Sports are very important for us. They keep us healthy and fit. Sports give us energy and strength. There are different kinds of games and sports. The first type is individual sports like golf and athletics which require strength, and control. The second type is team sports which need two teams to play like tennis and football. Games and sports teach us the lesson of team-work, patience and punctuality.

LIVEWORKSHEETS