Preescolar y Primaria

MUSCLES



The human body has more than 600 muscles. Our muscles are essential for everything we do. We use our muscles to move and to do sport. We also use our muscles to lift things, to talk, to eat, to type on a computer, to smile, to frown and to blink.

Some muscles, such as the muscles in our arms and legs, are called voluntary muscles. These muscles work when they receive a message from our brain. Other muscles, such as the muscles in our heart or intestines are called involuntary muscles.

These muscles work automatically.

Read and match

1.- The human body has more than..	a) in our hear and intestines.
2.- Our muscles are essential...	b) a message from the brain.
3.-We have voluntary muscles	c) automatically.
4.-Voluntary muscles work when they receive	d) for Everything we do
5.- We have involuntary muscles...	e) 600 muscles.
6.-Involuntary muscles work...	f) in our arms and legs.



LIVEWORKSHEETS