

MAPEH

Locomotor and Non-Locomotor Movements

What kind of movement is this? Choose the correct answer.

bending	locomotor	non-locomotor
twisting	locomotor	non-locomotor
hopping	locomotor	non-locomotor
pushing	locomotor	non-locomotor
skipping	locomotor	non-locomotor
walking	locomotor	non-locomotor
lifting	locomotor	non-locomotor
running	locomotor	non-locomotor
pulling	locomotor	non-locomotor
stretching	locomotor	non-locomotor
jumping	locomotor	non-locomotor
swinging	locomotor	non-locomotor