

MAPEH - Locomotor Movements

Drag the word beside the correct statement that describes it.

walking

skipping

jumping

running

hopping

walking at an increased tempo

standing with both feet together and then jumping with both feet together

a combination of a step and a hop with alternating feet after each step-hop

jumping from one foot to the same foot after a brief pause in the air

the transfer of the weight from one foot to the other while moving