



NAME:	GRADE: 8th	PROJECT: 9	WEEK: 3
DATE: (2pts)	2021 - 2022		

LEARNING ABOUT ALTERNATIVE MEDICINE

BEFORE START: Look at the pictures. Then answer the question below. (1 punto)



a. Which one do you prefer if you get flu?

1. Read and understand the following text.

Orthodox and Alternative Medicine



Orthodox medicine is based on the scientific process, which means it's valid after observation and research. People who practice this type of medicine are healthcare professionals like medical doctors, nurses, and therapists. They treat patients' symptoms and illnesses by prescribing drugs, surgery, therapies, and so on. On the other hand, alternative medicine is not recognized by the medical community. However, it can be used as complement to orthodox medicine. It includes homemade preparations such as natural herbal teas and syrups, massage therapies, acupuncture, homeopathy; and spiritual healing techniques such as yoga, reiki, meditation, etc.

2. Answer the questions according with the reading. (3 puntos)

a. What is an alternative medicine?

This medicine is not recognized by the medical community. However, it can be used as complement.



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b. What is the main difference between orthodox and alternative medicine?

c. Give some examples of how professional medical doctors treat their patients.

d. Give some examples of alternative medicine.

3. Match the following words with the correct description by writing a letter in the correct circle. (1 punto)

a. Blood



the movement and sound of the heart

b. Infection



a way to cure a health problem with natural products

c. Heartbeat



a signal that shows that you don't feel well

d. Symptom



a disease in a part of your body caused by a bacteria

e. Home remedies



red liquid that is sent through our bodies by the heart

4. Complete the chart some home remedies or alternative medicine used to treat minor health problems. There is an example to help you. (3 puntos)

Health problems	Home remedies
1. Stomach ache	Chamomile, rice water
2.	
3.	
4.	