



Eggshells: Not Just Kitchen Waste

配合題：請依序將正確的介系詞、單字填入空格

with uses to of empty waste Simply
for tiny Afterwards especially stubborn

Everyone loves a big delicious breakfast, _____(特別是..) when it is made _____(介系詞) fresh eggs. _____(之後)most people throw their _____(空的) eggshells out with the kitchen _____(廚餘). However, that's only because they don't know about the many _____(用途) of eggshells.

每個人都喜歡豐盛又美味的早餐，特別是用新鮮的雞蛋製作時。之後，大多數人會把空的蛋殼連同廚餘一起丟掉。然而，那只是因為他們不知道蛋殼的多種用途。

If _____(頑固的) food gets stuck _____(介系詞)your breakfast dishes, you don't need to look far _____(介系詞) help. Eggshells are a wonderful cleaner. _____(只要) break them into _____(細小的) pieces, mix them with soap and water, and then use them to wash the mess away. You can also use this solution to clean out water bottles, get rid _____(介系詞) grime in your pipes, and make your toilets shine.

如果頑固的食物附著在你的早餐餐盤上，你不需到遠處尋求協助。蛋殼是很棒的清潔劑。只要把它們打成小碎片，跟肥皂及水混合，然後用它們把髒污洗掉。你也可以用這種溶液來徹底清潔水瓶、去除水管裡的污垢，以及讓馬桶閃閃發亮。



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benefit Spread nutrients worms bright soil
sprouts pests pot damaging broken whitener

Eggshells are also great for your garden. _____(鋪) _____(打碎的) eggshells onto the garden _____(土壤) to help your plants grow. This has the added _____(好處) of keeping _____(害蟲) like snails and _____(蠕蟲) away. If you are growing plants from seeds, try filling half an eggshell with soil, plant the seeds inside, and place the whole thing in a _____(花盆). The eggshell will break down to provide _____(養分) for the new _____(芽).

蛋殼也很適合用在花園裡。把打碎的蛋殼鋪在花園的土壤上來幫助植物生長。這還有附加的好處是可以讓蝸牛和蠕蟲之類的害蟲遠離。如果你從種子開始種植物，可以嘗試將半個蛋殼裝滿土壤，把種子種在裡面，然後整個放在花盆裡。蛋殼會分解，提供新芽養分。

Eggshells can be great for personal use. Take a few dry, clean eggshells, add some lemon slices, and mix them in an old sock. Congratulations! You now have a cheap, easy-to-make laundry _____(漂白劑). You'll be surprised by how _____(亮白的) and clean your clothes come out. And don't worry about _____(傷害到) your washing machine: the sock will keep the eggshells from touching it directly.

蛋殼甚至也很適合個人使用。取一些乾燥、乾淨的蛋殼，加入一些檸檬片，然後放進一隻舊襪子裡將它們混合。恭喜！現在你有便宜又容易製作的衣物漂白劑了。你會很驚訝衣服洗好後會有多麼乾淨亮白。而且不用擔心會傷到洗衣機：襪子會讓蛋殼免於直接碰觸洗衣機。



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bacteria rich powder healthy Surprisingly twice
minerals bin Clearly boil promote cracked

_____ (令人驚訝的是), you can also eat your eggshells. They are _____ (富含) in _____ (礦物質) that _____ (促進) strong teeth, bones, and joints. Just be sure to _____ (煮沸) or bake your eggshells first to kill off any _____ (細菌). After turning them into _____ (粉), you can add them to your favorite foods and drinks. You can even feed them to your pets to help them stay _____ (健康的) well into old age.

令人驚訝的是，你也可以吃蛋殼。它們富含促進牙齒、骨骼和關節強健的礦物質。只是一定要先把蛋殼煮沸或烘烤過來徹底消除細菌。在把蛋殼磨成粉之後，你可以把它們加到你最喜歡的食物和飲料裡。甚至可以餵食寵物、幫助牠們到老都能保持健康。

_____ (顯然地), eggshells are good for far more than taking up space in your kitchen waste _____ (桶). They have almost as many uses as the eggs themselves! The next time you make a big breakfast, think _____ (三思) before you throw your eggshells out. They're more than they're _____ up to be (比大家說的還要好)!

顯然蛋殼好處多多，遠非只有佔據廚餘桶的空間。它們的用途幾乎和蛋本身一樣多！下次你煮豐盛的早餐時，在把蛋殼丟掉前請三思。它們比大家說的還要好！



Practical Vocabularies:

1. **walk on eggs/eggshells** 小心翼翼地做事；小心謹慎
2. **have/left with egg on your face**
形容做了某些事令自己出醜的尷尬情況