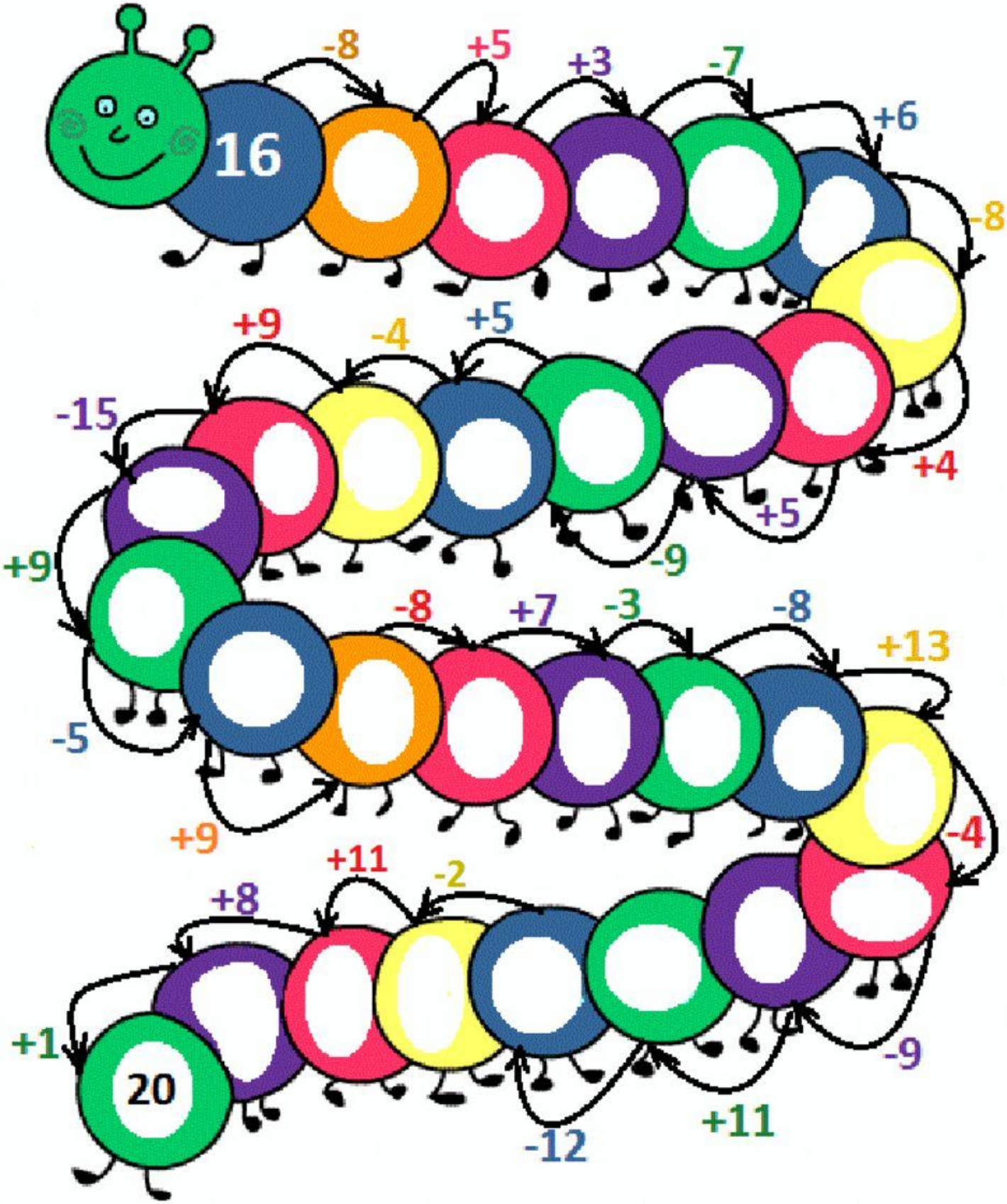Решете верижката