



ANGEL OF THE HOLY SPIRIT ACADEMY
GRADE SCHOOL DEPARTMENT
SCHOOL YEAR 2021-2022
THIRD QUARTER
Physical Education - 3

Topic: Individual and Dual Stunts

Identify the following stunts below. Write **IS** for individual stunt and **DS** for dual stunt.

1. Turk Stand
2. Rocking Chair
3. Wheel Barrow
4. Crab Walk
5. Row Boat
6. Ankle Hold Walk
7. Don't Let Go
8. Prone Rocking