

Language chart review

Adverbs of manner

quick → quickly

quiet → quietly

Please walk **quickly** and **quietly**.

Exception:

fast → fast

Don't drive too **fast**.

How often ... ? and time expressions

How often do you eat fruit?

I eat fruit **twice a day**.I **never** eat fruit.**A** Complete the sentences by changing the adjectives to adverbs.

This is Tonya. She's 14. She takes dance classes four times a week. She practices regularly (regular). Tonya tries to get ten hours of sleep at least six nights a week. But sometimes, when she's tired, she doesn't dance as _____ (quick) or as _____ (careful) as she should. Tonya always stretches before class so that she can move _____ (slow) and _____ (easy). And, she always dances _____ (correct) so that she doesn't hurt herself. Tonya eats healthy food every day, but she eats dessert three times a week.

**B** Complete the questions. Then answer the questions with the information in Part A.1. Q: How often does Tonya take dance classes?A: She takes dance classes four times a week.

2. Q: _____ does Tonya stretch before class?

A: _____

3. Q: _____ does Tonya eat healthy food?

A: _____

4. Q: _____ does Tonya get ten hours of sleep?

A: _____

5. Q: _____ does Tonya eat dessert?

A: _____

Language chart review

Clauses with when

When I have a headache, I take aspirin.
I take aspirin when I have a headache.
What do you do when you have a headache?
I rest in a quiet place.

should / shouldn't

You should sleep eight hours a night.
You shouldn't stay up late.

C Look at the chart, and complete the conversations. Use clauses with when.

	Andrew	Jessica	Dr. Melvin
a cold	skip breakfast	eat junk food	take cold medicine
the flu	go swimming	go shopping	stay in bed
a sore throat	drink milk shakes	drink soda	drink tea with lemon

1. Dr. Melvin (you / a cold) What do you do when you have a cold?
Andrew When I have a cold, I skip breakfast. OR I skip breakfast when I have a cold. OR I skip breakfast.
Jessica _____
2. Dr. Melvin (you / the flu) _____
Andrew _____
Jessica _____
3. Dr. Melvin (you / a sore throat) _____
Andrew _____
Jessica _____

D Dr. Melvin doesn't agree with Andrew's and Jessica's remedies. Look at Part C again. Write the doctor's advice. Use **should** and **shouldn't**.

1. (Andrew / a cold) Andrew shouldn't skip breakfast. He should take cold medicine.
2. (Jessica / the flu) _____
3. (Andrew / a sore throat) _____
4. (Jessica / a cold) _____
5. (Andrew / the flu) _____

Take another look!

Circle the correct answer.

Which sentence means the same as "Don't talk."?

- a. You should talk. b. You shouldn't talk. c. I never talk.

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Theme Project.

Your Health 71

Unit 5

Theme Project: Make a booklet of home remedies for illnesses.
Theme: Health
Goal: To learn about different ways to get better when you're sick

At Home

Read about things people do when they are sick.

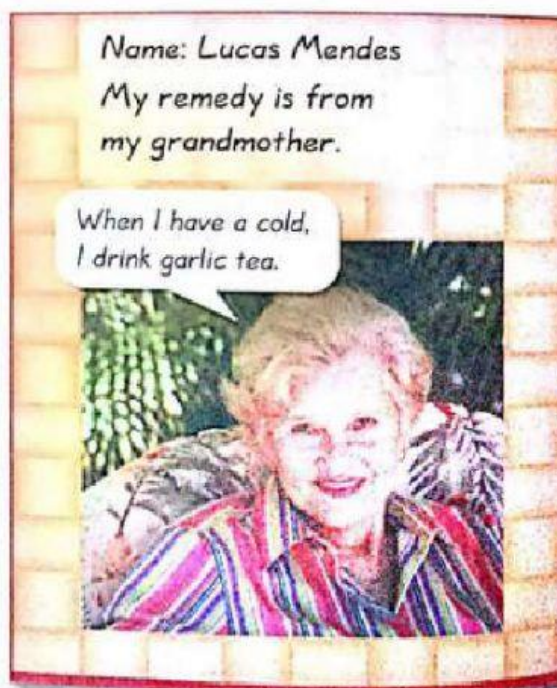
When you get sick, do you take medicine right away or do you try some other things first? Many people use remedies they know from their family or friends for things like colds, earaches, toothaches, insect bites, sunburns, or other problems. Some families use common remedies, like hot tea for a cold or salt and warm water for a sore throat. But others use unusual remedies. For example, some people put oatmeal on their skin when they have a rash. Other people drink vinegar or garlic and orange juice when they have a cold.

Write two sicknesses or health problems. Then ask someone for a remedy for each one. Complete the chart. Use your dictionary, if necessary.

	Sickness or problem	Person	Remedy
1.			
2.			

In Class

-  Make a booklet page for one of your remedies. Use the sample booklet page as a model.
-  Tell your group about your remedy.
 When my grandmother has a cold, she drinks garlic tea.
-  Make a group booklet. Make a cover for your booklet. Then staple together all of your pages and the cover to make your booklet.
-  Display the booklets in your classroom. Walk around and look at all of them. What are the most unusual home remedies? Do you want to try them?



Sample booklet page