

Student's Name: _____ Date: _____
Teacher's Name: Irene Bracamonte Dávalos



Listen and answer the questions.

- 1 Did he get enough sleep? _____
- 2 Did he eat a healthy breakfast? _____
- 3 Why does he feel better? _____



Look at the pictures of Daniel. Write a description of his unhealthy habits.



1 _____



2 _____



3 _____



4 _____



Choose the correct word to complete the sentences.

- 1 I usually eat a healthy lunch, _____ I never eat breakfast.
a but b or c and
- 2 I get lots of exercise every day, _____ I drink lots of water.
a or b and c but
- 3 I ride my bike to school, _____ go by bus when it's raining.

a but **b** and **c** or

- 4 I get enough sleep, _____ sometimes I don't
and I feel very tired.

a but **b** and **c** or

- 5 He watches TV all day, _____ eats unhealthy food.

a but **b** or **c** and

- 6 For a healthy dinner, have a sandwich, _____ make a fruit
salad.

a but **b** or **c** and

D Complete the dialogs. Write *did* or *didn't*. Use capital letters as needed.

- 1 **A:** Simon, _____ you eat breakfast yet?
B: No, Mom. I _____.
- 2 **A:** The school bus will be here soon. _____ you
brush your teeth yet?
B: No, I _____.
- 3 **A:** Well, you might have to ride your bike, then. _____ you
repair it?
B: Yes, I _____!

E Write about the healthy activities you did last week. Write two or
three sentences.