

Reading Activity

2°4

INGLES

Prof. Veronica Muniz

2020

I N S T R U C T I O N S :

READ THE TEXT AND **CHOOSE** THE CORRECT ANSWERS

JUNK FOOD= UNHEALTHY FOOD

WORK INDIVIDUALLY

JUNK FOOD VS HEALTHY FOOD

Do you like hamburgers and chips? Do you love coke and popcorn?

Of course you do. But remember: junk food isn't good for you.

Junk food is food that isn't nutritious and usually has a lot of ⁽¹⁾

Have an apple or a ⁽²⁾

for a snack at school. Don't eat chips every day.

Eat ⁽³⁾

and ⁽⁴⁾

. Drink fruit juice and water.

Be nice to your body. Eat **healthy** food.

| | | |
|---------------|---------------|-------------|
| 1. a. onions | b. sugar | c. ketchup |
| 2. a. nuggets | b. hot dog | c. banana |
| 3. a. chips | b. vegetables | c. fruit |
| 4. a. cereal | b. sandwiches | c. tomatoes |