

Grace Christian School Inc.
MAPEH III Examination
Month of January

Choose check (✓) if the statement describes a healthy child and (x) if it does not.

- _____ 1. Maria includes vegetables and fruits in her diet.
- _____ 2. Peter's gums bleed whenever he brushes hi teeth.
- _____ 3. Kim grows taller and bigger.
- _____ 4. Cecilia doesn't like to join her group in doing their project.
- _____ 5. Lea sleeps 8 to 10 hours every day.
- _____ 6. Gabby has difficulty focusing on his work.
- _____ 7. Joseph feels irritable whenever his friends play with him.
- _____ 8. Anna develops good eyesight and fine skin.
- _____ 9. Grace is too small for her age.
- _____ 10. Mark develops dandruff and dry skin.

II– Choose the letter of the correct answer.

- 1. It is a disease caused by a virus that attacks the upper respiratory tract.
 - a. influenza
 - b. cold
- 2. It is a disease caused by a bite of an infected Anopheles mosquito.
 - a. Measles
 - b. Malaria

3. It is a disease that usually affects children and causes severe coughing and difficulty in breathing.

- a. whooping cough b. sneezing

4. It is a painful infection of the throat caused by the streptococcus bacteria.

- a. tonsillitis b. strep throat

5. It is highly contagious disease that is primarily caused by the rubeola virus.

- a. Malaria b. Measles

6. It is a disease caused by a virus transferred to people by the bite of the mosquito called Aedes aegypti.

- a. Dengue b. Malaria

7. It is a disease that affects both stomach and intestines.

- a. measles b. gastrointestinal infection

8. It is a kind of disease caused by the presence of germs or virus that are easily transferred from one person to another or from a bite of an infected animal.

- a. communicable diseases b. non-communicable diseases

9. Sneezing without covering your nose and mouth is a good practice.

- a. False b. True

10. Lifestyle is a typical way of life that can affect one's health and life expectancy.

- a. False b. True