

Complete:

move pairs bones relaxes skin

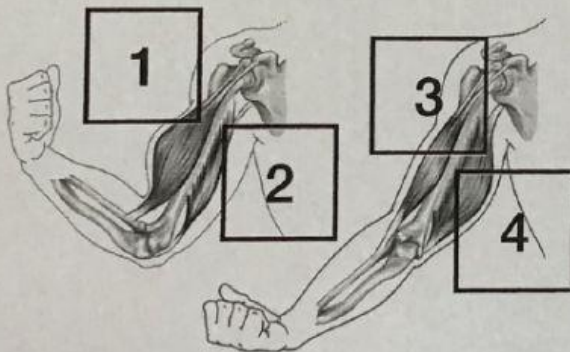
Muscles are under our _____ and cover our _____.

They help our body to _____.

Some muscles work in _____.

When one muscles contracts, the other one _____.

Number:



- ☐ Biceps contracts
- ☐ Biceps relaxes
- ☐ Triceps contracts.
- ☐ Triceps relaxes.