Sport for health

3 Look at the sentences about three unusual sports.

For each sentence decide if it is grammatically correct or not. Write ✓ or ✗ for each sentence.

Fencing

☐ **1** Fencing can be dangerous, that's the reason why we wear protective clothing.

☐ **2** Fencing requires good reflexes, that's the motive why you have to practise a lot.

☐ **3** Timing an attack is important, that's why you need to watch your opponent carefully.

Nordic Walking

☐ **4** The sport started in Finland, that's the why it's called Nordic Walking.

☐ **5** You use 90% of the body's muscles, that's the reason why it's great for keeping fit.

☐ **6** I've been doing it for three years now, that's reason I feel much healthier.

Capoeira

☐ **7** It's a mixture of dance and martial arts, that's why it's so beautiful to watch.

☐ **8** There are some complicated moves, that's reason why it improves your balance and flexibility.

☐ **9** I meet up with my friends at the beach every day, that's the reason why I enjoy it so much.

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