

## A. PHONETICS

I. Put the words into the correct column.

career	wear	volunteer	their	pair
aerobics	cheer	share	hear	year
fair	idea	chair	here	near

/eə/ 1	/iə/ 2

II. Single-underline the words with the /eə/ sound and double-underline the words with the /iə/ sound.

- They wear uniform and cheer for their team.
- Do you like to practise aerobics in spare time?
- People don't gather at the square, but the theatre.
- It's a good idea to give him a pair of sports shoes.
- Are there any swimming pools near here?

## B. VOCABULARY

I. Choose the correct word in brackets to complete the sentences.

- The goalkeeper must wear \_\_\_\_\_ in a football match. (gloves/ goggles)
- Shall we go to the swimming \_\_\_\_\_ this afternoon? (pool/ stadium)
- Is \_\_\_\_\_ racing a type of water sports? – Yes, it is. (bicycle/ boat)
- When you go skiing, you shouldn't forget to bring the \_\_\_\_\_ with you. (skateboard/ skis)
- How many \_\_\_\_\_ are there in a volleyball team? (players/ viewers)
- They scored a fantastic \_\_\_\_\_ and won the game. (mark/ goal)
- Thousands of fans \_\_\_\_\_ loudly for the winning team. (cheered/ chased)
- You have to buy a \_\_\_\_\_ to play tennis. (racket/ basket)
- In baseball, we will need some gloves, a ball and a \_\_\_\_\_. (stick/ bat)
- \_\_\_\_\_ play is very important in all sports. (Fine/ Fair)

II. Choose the best answer to complete the sentences.

- I like \_\_\_\_\_, so I will save money to buy a good bicycle.  
A. jogging      B. swimming      C. cycling      D. skiing
- They don't allow players to use hands in \_\_\_\_\_, except goalkeepers.  
A. volleyball      B. football      C. basketball      D. baseball
- In \_\_\_\_\_, you need to knock down all the pins.  
A. badminton      B. tennis      C. table tennis      D. bowling
- I like \_\_\_\_\_ morning exercise because it keeps me healthy.  
A. doing      B. playing      C. walking      D. jumping
- \_\_\_\_\_ is a rope pulling game, and it requires strength.  
A. Skateboarding      B. Roller skating      C. Tug of war      D. Skipping
- William is very \_\_\_\_\_ - he runs five kilometres every day.  
A. fit      B. tall      C. smart      D. shy
- The two \_\_\_\_\_ greeted the audiences before the match started.  
A. teams      B. games      C. competitions      D. sports
- The \_\_\_\_\_ refused a goal, but finally we won the game.  
A. players      B. coach      C. fans      D. referee
- She is among the best \_\_\_\_\_ runners in the country.  
A. jogging      B. marathon      C. badminton      D. cycling
- My father is playing \_\_\_\_\_ with his friend now.  
A. aerobics      B. exercise      C. karate      D. chess

**C. GRAMMAR**

I. Write the verbs in brackets in the Past Simple to complete the sentences.

- They \_\_\_\_\_ (hold) the Olympic Games every four years.
- It \_\_\_\_\_ (be) great to be with you last weekend.
- I \_\_\_\_\_ (travel) around by bus with some of my friends.
- They \_\_\_\_\_ (visit) lots of interesting places.
- Yesterday afternoon he \_\_\_\_\_ (go) to his football club.
- We \_\_\_\_\_ (eat) a lot of special foods last night.
- We also \_\_\_\_\_ (learn) English with the local people.
- She \_\_\_\_\_ (meet) some interesting people in the journey.
- The first Olympic Games \_\_\_\_\_ (take) place in 776 BC.
- My family and I \_\_\_\_\_ (have) a good holiday last month.

II. Complete the sentences using imperatives.

Ex: Your friends are making so much noise.

→ Don't make so much noise.

1. Your little sister is watching TV for too long.

Don't \_\_\_\_\_

2. He wants the players to run faster.

Run \_\_\_\_\_

3. The man asks the audiences to cheer for the team.

Cheer \_\_\_\_\_

4. Some boys are playing football on the street.

Please \_\_\_\_\_

5. Nick tells his brother to take a break.

Take \_\_\_\_\_

6. My mother tells me to do my homework.

Do \_\_\_\_\_

7. Our teacher wants us to look at the board.

Look \_\_\_\_\_

8. The referee politely asked the player to stand up.

Please \_\_\_\_\_

9. Frank wants his friend to wait for a while.

Wait \_\_\_\_\_

10. The coach wants his players to relax for some minutes.

Relax \_\_\_\_\_

III. Choose the best answer to complete the sentences.

1. \_\_\_\_\_ watch too much TV, Jack! Turn it off.

A. Not

B. Don't

C. Doesn't

D. No

2. Don't \_\_\_\_\_ the animals in the zoo.

A. feeds

B. feeding

C. feed

D. to feed

3. Daisy \_\_\_\_\_ swimming with her friends last weekend.

A. went

B. go

C. is going

D. goes

4. Terry \_\_\_\_\_ any sports when he was in grade 5.

A. don't play

B. didn't played

C. doesn't play

D. didn't play

5. \_\_\_\_\_ there Olympic Games in 2017?

A. Is

B. Are

C. Was

D. Were

6. \_\_\_\_\_ the marathon on TV last night, Jonathan?

A. Do you watch

B. Did you watch

C. Did you watched

D. Do you watched

7. \_\_\_\_\_ late because the match will start soon.  
 A. Don't come      B. Didn't come      C. Not coming      D. Won't come
8. I \_\_\_\_\_ to practise karate about 3 months ago.  
 A. was start      B. am starting      C. started      D. start
9. Pelé \_\_\_\_\_ his first World Cup at the age of 17 in 1958.  
 A. wons      B. win      C. wins      D. won
10. They are playing chess. \_\_\_\_\_ loudly.  
 A. Don't talk      B. Not to talk      C. Not talk      D. Doesn't talk

**IV. Rewrite the sentences to correct their mistakes.**

1. I play table tennis with George some hours ago.

\_\_\_\_\_

2. You look tired now. Stop exercising and to rest.

\_\_\_\_\_

3. I'll meet you at the judo club. Seeing you then.

\_\_\_\_\_

4. Phillips went jogging nearly every day.

\_\_\_\_\_

5. Talk loudly! They are listening to the coach.

\_\_\_\_\_

6. My mum buys a new bike for me last week.

\_\_\_\_\_

7. What did you usually do at break time at school?

\_\_\_\_\_

8. Changes your clothes and you can swim in the pool.

\_\_\_\_\_

**D. SPEAKING**

1. Put the sentences in the correct order to make a conversation.

\_\_\_ Yes, I can. I'm in the school's football team.

\_\_\_ No. I don't play football, but I go swimming every weekend.

1. Can you play football, Owen?

\_\_\_ School team? Wow! I didn't know that. How often do you play it?

\_\_\_ Yes, I do. How about you? Do you play football or any sports?

\_\_\_ We have three games a week.

\_\_\_ Thanks, Owen.

- Three games a week? Do you practise a lot?
- Swimming is good. You look sporty and healthy!

II. Write the questions for the underlined words.

1. There were 32 football teams in 2018 World Cup.  
\_\_\_\_\_
2. I often go cycling in my spare time.  
\_\_\_\_\_
3. Pelé was voted Football Player of the Century in 1999.  
\_\_\_\_\_
4. Yes, I'd like to watch motor racing on TV.  
\_\_\_\_\_
5. Joseph went swimming yesterday afternoon.  
\_\_\_\_\_
6. Carson practises at the Karate club three times a week.  
\_\_\_\_\_
7. I need to buy the gloves because I'll be a goalkeeper in the game this afternoon.  
\_\_\_\_\_
8. They played the final match in Wembley Stadium.  
\_\_\_\_\_

**E. READING**

I. Read the text and answer the questions.

Football was played hundreds of years ago and many people believe that it originated from England. Football is also called soccer in the US. It is a team game. In each team, there are eleven members, ten players and one goalkeeper. In a football match, two teams play against each other during 90 minutes in a rectangular field. The match is divided into two halves with each half lasting 45 minutes. Between the two halves is a break of 15 minutes. Football players try to kick the ball into the other team's goal, and the goalkeeper tries to stop the ball from getting into the goal. Whichever team scores more goals will win the game. In a football game, only two goalkeepers can keep the ball in their hands.

Football is the most popular game all over the world. Whenever we turn on the TV, there are football matches on different channels.

The Football World Cup, an international football event, is held every four years. It is so popular that there are millions of people watching it.

1. Where did football originate?  
\_\_\_\_\_

2. What is the other name of football?  
\_\_\_\_\_
3. How many goalkeepers are there in each football team?  
\_\_\_\_\_
4. How long does a football match last?  
\_\_\_\_\_
5. What does the goalkeeper do?  
\_\_\_\_\_
6. Can all football players keep the ball in their hands?  
\_\_\_\_\_
7. Is the Football World Cup a national football event?  
\_\_\_\_\_
8. Do people hold the Football World Cup every year?  
\_\_\_\_\_

**II. Fill in each blank with a word from the box.**

better   win   us   than   free   and   useful   homework

There are different kinds of sports games. They are necessary and (1) \_\_\_\_\_ for all of us. Sports games help us to keep fit and healthy so that we can study and work (2) \_\_\_\_\_. When we play a sports game, we come to learn many things. We learn how to keep calm and make our mind strong so that we can overcome a difficult situation and (3) \_\_\_\_\_ the game.

Playing a sports game helps us to be strong, cheerful, happy and gives (4) \_\_\_\_\_ energy and strength. Many students say that they feel happier in a playground (5) \_\_\_\_\_ they do in a classroom because while playing a sports game they temporarily forget their lessons and (6) \_\_\_\_\_. Schools and universities also encourage students to play sports games in their (7) \_\_\_\_\_ time.

How about you? What sports games do you like? Choose one (8) \_\_\_\_\_ practise it to have joyful time!

**F. WRITING**

**I. Reorder the words to make meaningful sentences.**

1. play/ sports and games/ an/ our lives/ in/ important part  
\_\_\_\_\_

2. join/ did/ sports competition/ you/ in/ the/ last week?  
\_\_\_\_\_

3. London/ in/ was/ The 2012 Olympic Games/ held  
\_\_\_\_\_

4. about/ television programmes/ sports and games/ popular/ are  
\_\_\_\_\_

5. stand/ the teacher/ the boys/ wants/ to/ in line  
\_\_\_\_\_

6. when/ my father/ played/ volleyball/ he/ young/ was  
\_\_\_\_\_

7. football games/ every/ watch/ weekend/ millions of people  
\_\_\_\_\_

8. a sports game/ playing/ is/ very good/ your health/ for  
\_\_\_\_\_

**II. Complete the second sentence so that it means the same as the first one.**

1. Could you help me buy a good tennis racket?

→ Please \_\_\_\_\_

2. You mustn't go out late at night.

→ Don't \_\_\_\_\_

3. Pelé won his first World Cup at the age of seventeen.

→ Pelé won his first World Cup when \_\_\_\_\_

4. Every football team has a goalkeeper.

→ There is \_\_\_\_\_

5. Harry is the best player in our volleyball team.

→ No player in our volleyball team \_\_\_\_\_

6. Don't make too much noise.

→ You mustn't \_\_\_\_\_

7. I don't think we will lose the game this weekend.

→ We won't \_\_\_\_\_

8. Why don't you play a sport in your free time?

→ You should \_\_\_\_\_