

Name

Class

No.

Focus Review 6

1 Complete the blog with one verb in each gap.

b l o g

How fit are you?

I think that I ⁰ have a very healthy lifestyle. I ¹ _____ a lot of exercise. I ² _____ swimming twice a week and I often ³ _____ part in swimming competitions. I don't often win but I enjoy them. I also ⁴ _____ basketball for the school team. So, I do everything I can to ⁵ _____ fit.

What about you? Are you worried about your fitness? Let me know.

3 Complete the blog with the correct forms of the verbs in brackets.

b l o g

How fit are you?

Replies:

Hi. I like your blog. I'm interested in keeping fit too. Today I ⁰ did (do) very well. First of all, I ¹ _____ (run) 5km. Then I ² _____ (play) volleyball with my friends. After that, I ³ _____ (have) a short rest and, later, I ⁴ _____ (go) cycling in the park. I didn't go far. I was too tired. On the way home, I stopped at the local pizza restaurant and ⁵ _____ (eat) an extra large pizza with ham, sausages and onions.

I enjoyed my active day very much – the last activity was the best!

5 Complete the conversation with one word in each gap. First letters are given.

Mike: What do you ⁰ prefer? Individual sports or team sports?

Lindsay: Oh, definitely individual sports. I ¹ e _____ them much more than playing for a team. And I can't ² s _____ ball games, like football and rugby. I'm ³ i _____ dance and things, like Zumba. We do it at school. How about you?

Mike: I'm not ⁴ r _____ into sports at all, to be honest. I do a lot of walking and cycling but that's just because I ⁵ c _____ about my health, not because I like those activities. My favourite activity is sleeping!

2 Choose the correct words.

- 1 My brother loves *cyclist / cycle / cycling*. He takes his bike everywhere.
- 2 There was no snow so the cafés were full of unhappy *skiing / skied / skiers*.
- 3 It's impossible to walk along this path because it is always full of *jog / jogging / joggers*.
- 4 I could never be a *sailor / sailing / sail* because I get seasick on the water.
- 5 We *swimmers / swam / swimming* half way to the island but it was impossible to get all the way there.

4 Complete the questions and answers. Use the correct forms of the verbs.

- 0 Where / you / go / yesterday?
I / go / to the shopping centre.
Where did you go yesterday?
I went to the shopping centre.
- 1 Yesterday, I / meet / my friends / see / a film / eat / a burger and / have / a good time

- 2 *you / play / any sports at school last week?
**X. We / have / exams / all week.*

- 3 *Simon / win / his race?
**✓. He / come / first by 5.2 seconds.*

6 Choose the correct options A, B or C.

- 1 Where _____ skiing last winter?
A did you go B you went C you go
- 2 Mark does a lot of exercise but he doesn't _____ healthy meals very often.
A do B have C take
- 3 Lisa _____ snowboarding a long time ago and I think she needs lessons again now.
A got B goes C went
- 4 Last year, I went to one karate lesson but I _____ do any other martial arts.
A don't B didn't C wasn't
- 5 I don't really want to _____ sailing again. I didn't enjoy it much last time.
A do