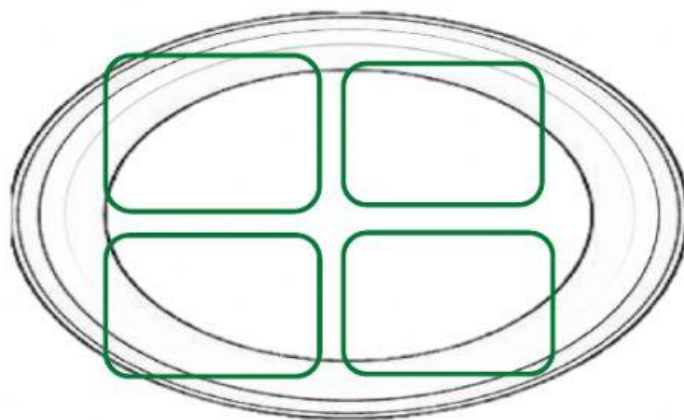
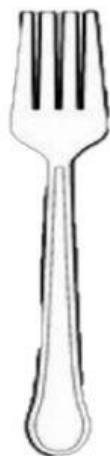


HEALTHY PLATE



UNHEALTHY PLATE

